This study has been undertaken to explore the experiences of six Korean-American pastors who are experiencing ministry-related stress, and to suggest the various implications of pastoral care to help the Korean-American pastor.

In chapter 2, I have focused especially on the characteristics of Korean-American immigrant churches and the roles of Korean-American pastors.

In chapter 3, this thesis explores the narratives of six Korean-American pastors in the Grand Rapids area who are experiencing ministry-related stress. Utilizing a qualitative research approach and conducting open-ended interviews with six Korean-American pastors provided an in-depth view of these pastors’ stories.

Chapter 4 was organized around six themes from their stresses in relation to ministry: “We’re struggling with authority versus submission,” “We’re confusing our pastoral self-identity,” “We’re trying to solve financial problems,” “We’re experiencing cultural stresses,” “We as assistant pastors are experiencing severe stresses in the relationship with the senior pastor,” and “We don’t spend enough time with our families.”

In chapter 5, the three theological reflections on pastoral care for pastors were explored and each theological issue based on the interview was introduced.

In chapter 6, I have suggested some implications that emerged from my qualitative research: spiritual care, pastoral care-givers as therapeutic tools for the pastor, the support of the pastor’s family, self-care, and the spiritual problem of pride.