

# **CALVIN TRACK AND FIELD ALL-AMERICANS LIST**

## **INDOOR LIST**

### **MILE RUN – WOMEN**

2009 – Lauren Bergstrom – 4th place

### **DISTANCE MEDLEY RELAY – WOMEN**

2009 – Elizabeth Smit, Heather Koning, Nicole Farr, Lauren Bergstrom – 6th place

### **4x400 METER RELAY – WOMEN**

2009 – Kristen Van Sickel, Sarah Wittingen, Rachel Boerner, Heather Koning – 3rd place

### **400 METERS – WOMEN**

2010 – Rachel Boerner – 1st place

2011 – Rachel Boerner – 1<sup>st</sup> place

### **SHOT PUT – WOMEN**

2010 – Sarah Reasoner – 2nd place

2011 – Sarah Reasoner – 2<sup>nd</sup> place

## **OUTDOOR LIST**

### **CALVIN WOMEN'S TRACK AND FIELD ALL-AMERICANS**

#### **4x100 Meter Relay – Women**

1983 – (Lisa DeYoung, Kim Lautenbach, Sue Schaafsma, Judy Meyer) - 4<sup>th</sup> place

1992 – (Angie Feinauer, Shawn Farmer, Kathy Haddock, Patsy Orkar) - 5<sup>th</sup> place

1993 – (Patsy Orkar, Angie Feinauer, Kathy Haddock, Shawn Farmer) - 1<sup>st</sup> place

2001 – (Lindsay Mulder, Megan Pierce, Rachel Veltkamp, Dana Haan) – 5<sup>th</sup> place

2002 – (Rachel Veltkamp, Sue Abbring, Mindy Worst, Annie VanderLaan) – 5<sup>th</sup> place

2003 – (Laura Hamilton, Sue Abbring, Kristen Carlson, Annie VanderLaan) – 6<sup>th</sup> place

2004 – (Meredith Homer, Lisa Winkle, Laura Hamilton, Sue Abbring) – 4<sup>th</sup> place

2006 – (Lisa Geelhoed, Lorilyn Vogel, Sarah Wittingen, Lisa Winkle) – 8<sup>th</sup> place

#### **4x400 Meter Relay – Women**

- 1990 – (Kelli Lautenbach, Denise Griffioen, Julie Bos, Gretchen Toxapeus) – 8<sup>th</sup> place  
1992 – (Shawn Farmer, Kathy Haddox, Melissa Dykstra, Tammy VanderPloeg) 4<sup>th</sup> place  
1994 – (Holly Breuker, Melissa Dykstra, Shawn Farmer, Kathy Haddox) 1<sup>st</sup> place  
1998 – (Kristi VanWoerkom, Jennifer Rottschafer, Sara Veltkamp, Megan Pierce) – 6<sup>th</sup> place  
1999 – (Kristi VanWoerkom, Sara Veltkamp, Lindsay Mulder, Megan Pierce)- 1<sup>st</sup> place  
2000 – (Mindy Worst, Sara Veltkamp, Lindsay Mulder, Megan Pierce) – 1<sup>st</sup> place  
2001 – (Mindy Worst, Sara Veltkamp, Lindsay Mulder, Megan Pierce) – 1<sup>st</sup> place  
2002 – (Mindy Worst, Sue Abbring, Annie VanderLaan, Laura Hamilton) – 4<sup>th</sup> place  
2004 – (Katie VanderLaan, Lisa Winkle, Laura Hamilton, Sue Abbring) – 3<sup>rd</sup> place  
2005 - (Katie VanderLaan, Lisa Winkle, Laura Hamilton, Sue Abbring, Sarah Wittingen) – 4<sup>th</sup> place  
2006 – (Lauren Bergstrom, Katie Bolt, Lisa Winkle, Sarah Wittingen) – 6<sup>th</sup> place  
2007 – (Lauren Begstrom, Jourdan Johnson, Heather Koning, Sarah Wittingen, Lisa Winkle) – 4<sup>th</sup> place  
2008 – (Sarah Wittingen, Rachel Boerner, Kristen VanSickel, Heather Koning) – 5<sup>th</sup> place

#### **Heptathlon**

- 1993 – Becky Kuntzleman – 5<sup>th</sup> place  
1994 – Esther Vahrmeyer – 6<sup>th</sup> place  
1996 – Esther Vahrmeyer – 7<sup>th</sup> place  
2001 – Annie VanderLaan – 5<sup>th</sup> place  
2002 – Annie VanderLaan – 4<sup>th</sup> place  
2003 – Annie VanderLaan – 1<sup>st</sup> place  
2003 – Christine Hendricks – 8<sup>th</sup> place  
2005 – Christine Hendricks – 3<sup>rd</sup> place  
2006 – Christine Hendricks – 1<sup>st</sup> place

#### **Long Jump – Women**

- 1993 – Angie Feinauer - 1<sup>st</sup> place  
1999 – Lindsay Mulder – 4<sup>th</sup> place  
2000 – Lindsay Mulder – 4<sup>th</sup> place  
2001 – Lindsay Mulder – 1<sup>st</sup> place  
2006 – Lisa Winkle – 7<sup>th</sup> place  
2007 – Lisa Winkle – 8<sup>th</sup> place

#### **High Jump – Women**

- 1994 - Gwen Erffmeyer - 5<sup>th</sup> place  
1995 – Gwen Erffmeyer – 8<sup>th</sup> place  
2004 – Kim Vanderzee – 2<sup>nd</sup> place  
2004 – Katie Bolt – 6<sup>th</sup> place  
2005 – Kim Vanderzee – 5<sup>th</sup> place

2007 – Katie Bolt – 4<sup>th</sup> place  
2007 – Lauren Colyn – 3<sup>rd</sup> place

#### **JAVELIN THROW – Women**

1990 – Lisa Visbeen – 3<sup>rd</sup> place  
1991 – Lisa Visbeen – 8<sup>th</sup> place  
1991 – Kendra Douma – 6<sup>th</sup> place  
1993 – Kendra Douma – 3<sup>rd</sup> place  
1994 – Kendra Douma – 8<sup>th</sup> place  
2001 – Andrea Rip – 7<sup>th</sup> place

#### **100 METERS – Women**

2004 – Sue Abbring – 7<sup>th</sup> place

#### **200 METERS – Women**

2003 – Sue Abbring – 4<sup>th</sup> place  
2004 – Sue Abbring - 3<sup>rd</sup> place

#### **400 Meters - Women**

1990 – Kelli Lautenbach – 4<sup>th</sup> place  
1991 – Kelli Lautenbach – 7<sup>th</sup> place  
1993 – Kathy Haddock – 8<sup>th</sup> place  
1998 – Megan Pierce – 6<sup>th</sup> place  
1999 – Megan Pierce – 1<sup>st</sup> place  
2000 – Megan Pierce – 1<sup>st</sup> place  
2001 – Megan Pierce – 2<sup>nd</sup> place  
2001 – Sara Veltkamp – 6<sup>th</sup> place  
2001 – Lindsay Mulder – 7<sup>th</sup> place  
2005 – Sue Abbring – 2<sup>nd</sup> place  
2006 – Lisa Winkle – 4<sup>th</sup> place  
2007 – Lisa Winkle – 5<sup>th</sup> place  
2010 – Rachel Boerner – 1<sup>st</sup> place

#### **800 METERS - Women**

1994 – Kathy Haddock – 4<sup>th</sup> place  
2006 – Camille Medema – 3<sup>rd</sup> place  
2008 – Lauren Bergstrom – 8<sup>th</sup> place  
2009 – Lauren Bergstrom -4<sup>th</sup> place

#### **1,500 Meters – Women**

1999 – Sarah Gritter – 3<sup>rd</sup> place  
2008 – Lauren Bergstrom – 7<sup>th</sup> place

### **3,000 Meters – Women**

1997 – Betsy Haverkamp – 1<sup>st</sup> place  
1997 – Lisa Timmer – 7<sup>th</sup> place  
1998 – Lisa Timmer – 8<sup>th</sup> place  
1999 – Sarah Gritter – 2<sup>nd</sup> place  
2000 – Sarah Gritter – 4<sup>th</sup> place

### **3,000 METER STEEPLECHASE - Women**

2005 – Sarah Hastings – 5<sup>th</sup> place  
2010 – Elizabeth Smit – 5<sup>th</sup> place  
2011 – Gretchen Braymer – 7<sup>th</sup> place

### **5,000 Meters – Women**

1993 – Renea Bluekamp – 4<sup>th</sup> place  
1994 – Amy Kuipers – 7<sup>th</sup> place  
1994 – Renea Bluekamp – 3<sup>rd</sup> place  
1995 – Betsy Haverkamp – 3<sup>rd</sup> place  
1996 – Amy Kuipers – 5<sup>th</sup> place  
1997 – Betsy Haverkamp – 2<sup>nd</sup> place

### **10,000 Meters - Women**

1993 – Renea Bluekamp – 4<sup>th</sup> place  
1994 - Renea Bluekamp – 2<sup>nd</sup> place  
1994 – Amy Kuipers – 5<sup>th</sup> place  
1995 – Renea Bluekamp – 4<sup>th</sup> place  
1995 – Amy Kuipers – 8<sup>th</sup> place  
1996 – Amy Kuipers – 5<sup>th</sup> place  
1998 – Andrea Clark – 8<sup>th</sup> place  
2007 – Christina Overbeck – 5<sup>th</sup> place  
2009 – Jessica Koster – 5<sup>th</sup> place  
2010 – Jessica Koster – 6<sup>th</sup> place

### **100 METER HURDLES – Women**

2003 – Annie VanderLaan – 6<sup>th</sup> place  
2007 – Sarah Wittingen – 6<sup>th</sup> place  
2008 – Sarah Wittingen – 7<sup>th</sup> place

**400 METER HURDLES - Women**

1994 – Holly Breuker – 5<sup>th</sup> place

1995 – Holly Breuker – 4<sup>th</sup> place

1996 – Holly Breuker – 1<sup>st</sup> place

1996 – Jennifer Rottschafer – 6<sup>th</sup> place

1997 – Jennifer Rottschafer – 3<sup>rd</sup> place

1998 – Jennifer Rottschafer – 3<sup>rd</sup> place

2004 – Laura Hamilton – 3<sup>rd</sup> place

2005 – Laura Hamilton – 8<sup>th</sup> place

2006 – Sarah Wittingen – 6<sup>th</sup> place

2007 – Sarah Wittingen – 2<sup>nd</sup> place

2008 – Sarah Wittingen – 1<sup>st</sup> place

2009 – Rachel Boerner – 2<sup>nd</sup> place

2010 – Rachel Boerner – 1<sup>st</sup> place

2011 – Rachel Boerner – 5<sup>th</sup> place

**SHOT PUT - Women**

2004 – Katie Corner – 6<sup>th</sup> place

2004 – Lisa Nanninga – 7<sup>th</sup> place

2005 – Megann VanderVliet – 3<sup>rd</sup> place

2005 – Lisa Nanninga – 6<sup>th</sup> place

2006 – Megann VanderVliet – 6<sup>th</sup> place

2007 – Megann VanderVliet – 5<sup>th</sup> place

2009 – Sarah Reasoner – 8<sup>th</sup> place

2011 – Sarah Reasoner – 6<sup>th</sup> place

**DISCUS – Women**

2002 – Katie Corner – 5<sup>th</sup> place

2003 – Katie Corner – 2<sup>nd</sup> place

2004 – Katie Corner – 2<sup>nd</sup> place

2007 – Megann VanderVliet – 4<sup>th</sup> place

2010 – Sarah Reasoner – 3<sup>rd</sup> place

2010 – Leigha Oberle – 7<sup>th</sup> place

2011 – Sarah Reasoner – 7<sup>th</sup> place

**POLE VAULT - Women**

2001 – Rachel Veltkamp – 3<sup>rd</sup> place

2004 – Missy Smith – 4<sup>th</sup> place

2005 – Missy Smith – 5<sup>th</sup> place

2006 – Missy Smith – 6<sup>th</sup> place