



CALVIN KNIGHTS

TRACK & FIELD

MEDIUM MEET FRIDAY, SATURDAY FEBRUARY 10 & 11, 2012

- Sturuss Track:** 200 meter Beynon BSS 1000 surface.
6 lanes on the oval
8 lanes on the sprint straight
- Jumping:** Two LJ/TJ pits. Women will use the west pit while the men will use the east pit. Pole Vault and High Jump will be in the center of the track, one pit for each. Starting heights TBD.
- Throws:** Wood circles for both Shot Put and Weight Throw. The Shot Put for the men and women will be done simultaneously followed by the Weight Throw. Both throwing events will take place in the Hogenboom gym to the south of the Tennis and Track facility.
- Timing:** Michiana Timing <http://michianatiming.com>
- Locker Rooms:** Locker rooms will be available. There are smaller facilities in the Tennis and Track facility with more available in the Pool locker rooms.
- Food:** No food or drink (water only) will be allowed on the Sturuss Indoor Track. All food and drink, other than water, must be consumed in the Hogenboom Track or lobby of the Fieldhouse.
- Parking:** Teams can be dropped off in the turnaround located at the front of the Fieldhouse. Busses will be parked to the north of the Sturuss Indoor Track.
- Entry Fee:** \$200.00/team, Men and Women combined is \$400.00. A team is any school with 14 or more student-athletes. Open athletes must register separately and will be charged \$10.00 for unlimited entries.
- Warm-up Area:** Our space is limited so warm-up will be within the Hogenboom gym with some space given to the jumps within the Sturuss Track. Team areas can be in the middle of the track or in the Hogenboom gym.
- Team Packets:** Pick up will be outside the main doors to the Sturuss Track.

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ADDITIONAL INFORMATION

Entries will be handled by Direct Athletics at www.directathletics.com. Final entries are due via Direct Athletics the TUESDAY prior to the meet at midnight.

Spikes – ¼ inch or less spikes will be allowed on the track. Spikes are not allowed anywhere else in the Fieldhouse. No Christmas Tree or Needle spikes will be allowed. We will check for spike type and size at the start of the events.

Admission is FREE. Spectators will sit in the center of the track. Bleachers and chairs will be available but feel free to use your own chairs.

Coaches and Meet Officials hospitality (food and beverages) will be available.

Trainers will be on hand to help with basic needs like ice and tape. Some access to heat will be available.

MEN & WOMEN WILL DO THE PENTATHLON ON FRIDAY

SPECIAL 1000 AND 4X800 WILL BE CONTESTED ON FRIDAY.

Please contact Bret Otte ASAP about your interest in this meet. We are working with GVSU on this project and early information will enhance the quality of both meets.