

CALVIN COLLEGE



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Calvin names new Provost-Elect Cheryl Brandsen

BY LAUREN DEHAAN
Online Editor

Calvin's provost search committee has recommended Cheryl Brandsen, Calvin's current dean of social sciences and contextual disciplines, as the college's next provost.

"Cheryl's demonstrated commitment to Reformed Christianity, academic excellence and her winsome and collaborative approach to leadership distinguished her at the end of the process," said Calvin's president Michael Le Roy in a press release. "We are grateful for her willingness to serve Calvin College in this new role."

The recommendation will need to be approved by Calvin's board of trustees and the Christian Reformed Church's synod before Brandsen begins her tenure as provost on July 1, 2014.

According to the press release, Brandsen will serve as the chief academic officer for the college and sit on the president's cabinet. Brandsen is confident her experience as an academic dean has prepared her well for the role.

"Being in the role of academic dean, one sees a lot and hears

a lot about what is going on in the institution. There are many good things happening here at Calvin that have come about because of [current provost Claudia Beversluis'] leadership, and I'm so grateful and appreciative to her for that," said Brandsen. "There are also things that I've observed as we move forward that present opportunities for Calvin to consider, so just being in this office has given me a front-row seat to some of those conversations."

Brandsen was selected by the provost search committee, a group of 11 members of the college's faculty, administration and staff, which was co-chaired by President Le Roy and Judy Vander Woude, professor of communication arts and sciences.

According to the press release, "the national search included more than 150 nominations and resulted in a diverse and qualified pool of 28 applicants."

In a letter sent to faculty, staff and students, President Le Roy commended the work of the search committee for producing such a strong group of applicants. "Our finalist pool consisted of

committee, the president's cabinet, trustee Wendy Hofman who represented the Academic Affairs Committee and the Board, as well as a student panel. I have not seen a more competitive

Le Roy said.

Before becoming a dean, Brandsen served as the department chair for the sociology and social work department (2002-2008). She

also has 25 years of experience in the classroom teaching sociology and social work courses.

"Part of what makes it possible to say 'yes' to this job is knowing there are so many smart, talented people on this campus who know a lot about students, about enrollment, about advancement and about teaching, learning and research," said Brandsen in the press release. "They all are incredibly committed to this institution and faithful to the work we do here. I look forward to continuing to work with all of these excel-

lent people, both within the academic affairs division and across other divisions."



PHOTO COURTESY CALVIN.EDU

Cheryl Brandsen, current dean of social sciences and contextual disciplines, was chosen for, among other reasons, her "commitment to Reformed Christianity."

two chief academic officers and Dean Brandsen. The finalists had extensive interviews with me, the

pool for a senior leadership position in the eight executive-level searches I have witnessed,"

Calvin yearbook Prism returns after four-year absence

BY CONNOR STERCHI
Campus News Co-Editor

Calvin College graduates from the classes of 2010-2013 did not get the chance to receive a class yearbook. But they will soon get that opportunity, even if it is a few years later.

Prism, the official yearbook of Calvin College, was discontinued in 2010 due to lack of interest after 90 consecutive years of publication. But recent grant funding has allowed Michael Van Denend (director of alumni, parent and community relations) to revive the yearbook. The grant was designed to fund projects that will increase and diversify on-campus student employment. Van Denend thought that reinstating the student yearbook would suit that purpose.

Junior Erin Smith and sophomore Erin Barents were hired as editors for Prism. Rather than skip the previous three years, they decided to produce yearbooks for the classes of 2010-2013 before resuming yearbook production for present-day graduates.

Although the 2010-2013 class yearbooks are belated, they will not be made from a retrospective viewpoint. Smith and Barents plan to go back in time and design the yearbooks as if they

were made in the graduates' present-day.

"We decided that we're going to make it [as if] it's 2011," Barents said, "because 10 years from now no one is going to care that this was made three years

years after the fact," Smith said. "We're going to take the stance of [being] in that year. So I think given that, we're not necessarily going to try to be doing anything different than if we were living in that year."

classes of 2010-13.

"The plan is to do an expedited [yearbook] per semester," Smith said. "So eventually two years from now, we'll catch up to the present and have a whole year to do the present [yearbook]."

Without the help of a currently-enrolled student body, Smith and Barents are digging into past archives, records and documents in order to create a yearbook relevant and timely for those who graduated a few years ago.

"We're figuring out what went on during those years," Barents said. "What was new to the school, what changed, what important things we need to cover."

"I'm going to go through every article of every Chimes issue that year to see what was happening," Smith said. "For example, yesterday I found that year was the year that they stopped using trays in the dining hall, or that this artist came for SAO this year or that was the year they started doing the can food drive in the dorms again."

But Smith and Barents have discovered that working on past yearbooks from the present has its limitations and challenges.

"Unfortunately, because we're working in history, we can't line up all the seniors and take their pictures," Smith said. "If we were doing this year's yearbook,

we could hire a photographer to get the seniors' pictures, and not use their freshmen Quest pictures. But we can't exactly corral all the people who graduated in 2011 and take their pictures."

The main sections of the yearbook will include class pictures, student life, events, sports, student organizations and clubs.

The yearbook editors hope to garner student interest for Prism so that it will be profitable and unlikely to discontinue in the near future.

"The goal is to make it self-sustaining," Smith said. "We have this grant money to kick start it this year, but hopefully through sales this year it can fund itself. Part of what is really important for us is not only editing and publishing but also a heavy component of marketing, because in order to continue this project beyond this year and not have it die again, we have to do really good marketing and make it appealing so that it will be able to fund itself."

Smith and Barents also plan to set up a website and Facebook page so that students can submit pictures and receive more information about the yearbook.



PHOTO BY ERIN SMITH

Erin Smith (right) and Erin Barents (left) were hired as editors.

later. We want them to look back and have it be a reflection of the year."

"Theoretically someone reading this in 20 years wouldn't necessarily know it was made three

But Prism won't always be a few years behind schedule. In order to realign with the present in a couple of years, the Prism editors intend to create one yearbook for each semester for the

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Anna Delph

Photo Essay
Anna Delph

Advisor
Lynn Rosendale
David Hoekema

Chimes
Calvin College
3201 Burton Street SE
Grand Rapids, MI 49546

chimes@calvin.edu
advertise@calvin.edu
Phone: (616) 526-6578

Chimes is the official newspaper of Calvin College. The mission of Chimes is to serve the community of Calvin College in a variety of ways: we aim to reform, review, challenge and foster dialogue within the community.

Great Gatsby Formal exceeds expectations

Weekend programming looks to expand venue capacity for next year's event

BY LAUREN DEHAAN
Online Editor

The Great Gatsby Formal and Poker Night featured a live jazz band, mashed potato bar and a larger than expected turnout.

According to John Britton, associate dean of student development, the demand for the event far exceeded weekend programming's expectations.

"I thought we would get maybe 250-300 people and when we hit 400 it was like holy cow," said Britton. "We called the Amway to see if we could get more and they said we were already in violation of fire code."

Student body president David Kuenzi was also pleased with the turnout and how the event came together.

"The night is going really, really well. I think that everybody is having an amazing time and I

think that this has been a huge success," Kuenzi said at the event.

Student senate provided the funds for the event which was co-hosted by weekend programming and residence life.

According to Kuenzi, this collaboration was due to student senate distancing themselves from hosting their own events.

"Student senate funded this event," Kuenzi said. "Because

we are trying to move away from programming in general, we haven't hosted any events this year, but we thought this would be a really good way to show our support for student entertainment and student involvement in general."

Weekend programming did most of the prep work with help from student senate and residence life.

"We did a lot of prep work beforehand like making all the table decorations and prepping the layout," said Nicole Wilson, a member of the weekend programming staff. "We started out with an already perfect venue so we could only go up from there."

Following the success of the night, weekend programming says they hope to repeat the event in the same venue next year.

"This turned out to be a venue that people got excited about so I think half of it was the venue, that people were excited about dressing up and going to this," said Britton.

According to Britton, however, future formals will most likely not be centered around "The Great Gatsby."

"I think we are always looking to expand and do something new and fresh, so I think we would look for a new theme," Britton said.

Weekend programming will look to not only repeat, but expand the event to accommodate the high demand.

"Our hope is to try and find, within the same facility, a room that can have about 1,000 people and try to get 1,000 students to come," Britton said.



PHOTO BY ANNA DELPH

Student senator Laura Steele reported on Overheard at Calvin that tickets were sold for up to \$110.

Calvin hosts Grand Rapids Original Swing Society

BY KELLE DRAGT
Staff Writer

Every Wednesday night, Calvin College hosts Grand Rapids Original Swing Society (G.R.O.S.S.) for a fun-filled night of swing dancing with fellow Calvin students. The cost is \$5 for each attendance. The location changes week by week but you can find the location details in the student news. Over the next four weeks, the event will be held in the Covenant Fine Arts Center, room 135.

"We've never had a gateway back to Calvin because the Zaagman family, who all graduated from Calvin, didn't really have a connection to bring it back," said Kayla VandenBosch, an assistant instructor for G.R.O.S.S.

VandenBosch, a freshman this year at Calvin, has been swing dancing with G.R.O.S.S. since she was in the seventh grade and has helped bring the swing dancing society back to Calvin.

"I'm also on the marketing committee for G.R.O.S.S. I love talking to people and getting people involved because it's a great way for Calvin to reach

out into the community," said VandenBosch.

The event is also a great outreach to the community as half of the members are not Calvin students.

"It's a great date night, it's a great friend night and it's also a great way to make friends, either from Calvin or from the community," said VandenBosch. "It has gotten me to meet so many great people and now it's like a second family to me. I just really love it and have never really considered myself a dancer."

"Swing dance has really gotten me out of a bubble and it

has taught me skills that have transferred over to other aspects of my life," she added.

According to VandenBosch, the weekly event partners with the Ballroom and Social Dance Club (BASDC) student organization.

"They do have a night where they do swing but we are focused mainly on East Coast swing, which is a very easy step that anyone can learn," said VandenBosch.

Students with little or no dance background are welcomed to attend on Wednesday nights as the focus will be on teach-

ing; over six instructors will be present and willing to work with newcomers.

"We do a lot of floor work if you don't want to do aerials, where your feet don't leave the ground," said VandenBosch regarding the type of swing dancing they focus on.

The number of people that come every week varies and people can come whenever they would like. For more information, contact VandenBosch via email at kjv93@students.calvin.edu or the Grand Rapids Original Swing Society Facebook page.



PHOTO COURTESY GRAND RAPIDS ORIGINAL SWING SOCIETY

The Grand Rapids Original Swing Society is partnering with Calvin's Ballroom and Social Dance Club.

Fundraiser event planned for biology professor with lymphoma

12-hour-long spin-a-thon to be held on March 7 to raise donations for Darren Proppe and his family

BY ANGELYN GROENBOOM
Staff Writer

A 12-hour spinning fundraiser in support of a Calvin professor will occur on March 7, from 6 a.m. to 6 p.m. The event, called "Spinning for Darren," is in support of Calvin professor Darren Proppe of the biology department.

Professor Proppe is currently battling a recurrence of lymphoma, a type of cancer affecting the lymph nodes.

Michael Wildschut, a Calvin event coordinator, and Heather Chapman, a Calvin environmental health and occupational safety officer, will be holding the event and riding the entire 12 hours.

Wildschut and Chapman lead the Healthy Habits spinning classes, and Professor Proppe has participated in these classes for two years.

After learning that Professor Proppe was diagnosed with low-grade follicular lymphoma, Wildschut and Chapman knew they wanted to help.

"You become friends with the people you work with and exercise with," Chapman said, "and I like to think of the Calvin community as extended family... We both came up with the same idea of holding a spin-a-thon, and it seems appropriate since it also represents a passion of Darren's."

Wildschut and Chapman will be supported by fellow faculty members, students and members of the community during the fundraiser. Faculty members will participate by riding, donating money and providing food

for the event.

Professor Proppe's commitment to spinning has made an impression on both his fellow spinning classmates and his doctors.

"Darren's doctors were a little alarmed at his low resting heart rate," Chapman said. "They thought maybe something was wrong. It turns out his commitment to spinning and pushing himself over the past couple of years has helped to improve his health and, in turn, lower his heart rate."

Chapman stated that the fundraiser will help support Proppe and his family during a difficult time of increasing medical bills.

"This is also a way for the Calvin community to come together and show support for one of their members that could use help and prayers," Chapman said.

Professor Proppe expressed his gratitude for the organization of the spin-a-thon.

"I am honored to have such a great group of people rallying behind me," Proppe said. "Their fundraiser will help defray my medical costs, and also reminds me that I am not alone in my continued battle against cancer."

He continued to reflect on Calvin's support of his battle with cancer.

"Calvin's support has been clear and sustained," Proppe said. "I have had so many faculty, staff and students support me through emails, letters, comments on our blog and financial contributions... I am incredibly thankful and happy that God has provided for me to return sooner than I expected."

Chapman has received encouraging feedback in response to the event.

"The response has been overwhelmingly positive," Chapman said. "Many people will be riding throughout the day, bringing snacks for the riders or donating money."

Wildschut has also experienced a positive response to the event.

"I've received several emails, or people have stopped me along the path to thank Heather and I for organizing this," Wildschut said.

Three spinning classes will be held throughout the day of the fundraiser. These 45-minute classes will be held at 6:15 a.m., 12 p.m. and 4:45 p.m. The cost to reserve a bike is a minimum \$10 donation.

Students are encouraged to get involved with the effort by riding during the event, donating money or providing gift cards for Proppe. Students who want to ride should contact Wildschut at mcw3@calvin.edu.



PHOTO BY MICHAEL HSU

Movies, games, activities and three 45-minute spinning classes (6:15 a.m., 12 p.m. and 4:45 p.m.) will be held on the day of the fundraiser between 6 a.m. and 6 p.m.

Faculty senate passes revised political science curriculum

BY ALDEN HARTOPO
Campus News Co-Editor

On Monday night faculty senate unanimously passed a recommendation to revise the political science curriculum.

The proposal was constructed by the political science department and recommended to the Educational Policy Committee.

The changes include revisions for a political science major with a policy studies and civic leadership concentration, a political science minor and a secondary education political science minor.

A revised international relations major was also recom-

mended with a comparative politics, governments and globalization concentration and an international cooperation and conflict concentration along with a revised international relations minor.

According to the report to the Educational Policy Committee, the political science department hopes to "update and streamline our curriculum, to provide a balance of rigor and flexibility for our students, to rationalize course numberings and to emphasize the development of key social scientific skills."

These goals were also emphasized by political science professor and department chair Kevin den Dulk.

"It's really intended to be a way of having the majors catch up with the times and so the political science department has been focusing more and more on global concerns and getting more interesting courses in American politics as well."

According to den Dulk, these proposed changes only happened recently.

"Part of this change reflects the fact that we have essentially a new department," said den Dulk. "Everybody in the department is seven years or less so what that means is that we have these new folks coming in with new ideas and so the discussion is fairly recent because nearly all the bodies there are recent."

The proposed changes also came as a result from collaboration with different groups in the college.

"We spent last semester working on the proposal getting input from students, getting input from other departments on the campus and now we're ready to roll it out," said den Dulk.

Aside from additional concentrations, the report indicates that the major will include a requirement of a capstone (POLS 399) for international relations and political science majors and a basic methods course for both majors, eliminating the exception for students studying a foreign language.

The curriculum changes were

made to refocus the curriculum in response to internal changes, including significant staffing changes over the past five years, but also due to external reasons. The report cites the fact that "political scientists have increasingly turned their attention to questions about political leadership, globalization, democratization and human rights in the United States and cross-nationally."

Den Dulk believes that the new civic leadership provides a more local perspective for students.

"We are thinking globally but in some other ways we're really trying to get students opportunities to think local nitty-gritty political policy issues at that level."

Fridays at Calvin to host largest number of students in years

BY DANIEL PAULSON
Staff Writer

This Friday, Feb. 28, over 160 high school students will visit Calvin's campus for the Fridays at Calvin program, making it the largest in several years.

Fridays at Calvin is Calvin's longstanding primary visit program. During a typical Fridays at Calvin, prospective students meet with an admissions counselor, attend chapel, eat lunch with faculty members, tour campus, visit classes and spend a night in the residence halls.

This particular Fridays at Calvin also happens to be a health science department visit day, which may explain a portion of the increased attendance.

Rick Zomer, director of pre-college programs and visits, explained, "With health sciences, there are so many different avenues."

Zomer also attributed the large turnout to the time of year.

"I think it may be the timing," he said, "because it's late February and this is right around the time when people are really starting to dig in on

"Where are we going to college?" He added, "This is kind of right in the sweet spot of the college selection process."

Besides Fridays at Calvin, high school students will also be coming to campus for the honors fellows program and the Entrada 2013 reunion this Friday, bringing the total number of visitors up to 241.

The admissions department has been running the Fridays at Calvin program for over 25 years and its popularity shows no sign of declining.

Stephanie Brink, assistant director of pre-college visits, attributed the program's lasting success to the Calvin community as a whole.

"It is really important to have everyone involved and I think that's what makes Fridays at Calvin so special," she said. "It's not only the Calvin admissions office but [prospective students] are going to be involved with current students, faculty and everyone on campus. I think that is a big factor for a visit that makes it special."

Zomer added that little things like opening doors, friendly greetings and walking disoriented visitors to their destinations are foundational to the

program's success.

Brink agreed. "I enjoy seeing... the warm welcome from our students at things like chapel," she said.

Most students are glad to welcome the flood of visitors to campus.

"My Fridays visit is what sold me on Calvin," said junior Wendy Tabler. "I want to be a part of helping future students realize their place at Calvin as they make

this crucial decision, just as awesome former students did for me!"

Kelsey Gilliland, a first year student, agreed. "My favorite Friday chapels are those with Fridays kids," she said. "It's great to see them join in worship once they've adjusted to how crazy we are."

With all its recent success — last year, Calvin had its highest enrollment numbers in six years — the Fridays at Calvin

program will continue to be a big part of the Calvin community. With each Friday, it is introducing a new generation of students to the Calvin College community.

"You have a situation now where there is the next generation Calvin students coming," said Zomer. "Their parents went through the Fridays at Calvin and now they're bringing their kids."



PHOTO COURTESY CALVIN COLLEGE ADMISSIONS

Over 240 visitors, students and parents, are expected to attend this weekend's Fridays at Calvin.

“ People need to recognize that there are plenty of fathers out there that are equal parents.

Matt Haviland, “A Father’s Walk”

A Father’s Walk supports single dads in GR area

A Father’s Walk is one of the only nonprofits that is devoted to single fathers in the nation

BY CONNOR STERCHI
Campus News Co-Editor

For years, personal trainer Matt Haviland coached people at Maximus Fitness Center in training regimens, exercising and strength building. This unlikely venue was the beginning of a chain of events that would lead a personal trainer to become the founder of a nonprofit organization for single dads.

In January 2008, Haviland started training Scott Baker. Baker suggested that his personal trainer join a men’s small group in Byron Center, Mich. Haviland agreed to check it out.

As Haviland would soon find out, the other men in the small group were all married, well-established financially and had kids. The difference between him and them sparked an idea.

“I looked around and thought, what can I bring to the table?” said Haviland. “I thought, ‘Wow, I’m the only single dad here,’ and the light bulb just went off.”

When he went home, Haviland did some research and discovered astonishing statistics about fatherless kids and a lack of resources to help single dads.

The idea snowballed from there. A few months later, he founded A Father’s Walk (AFW), a nonprofit ministry for single dads.

The small group that began in Haviland’s living room has continued to grow and expand over the past six years. Now Haviland hosts a weekly small group for single fathers, writes blog posts, organizes single parent expos, speaks at conferences and leads fathering classes at an inner-city nonprofit program called Alternative Directions.

“I think people need to know

about the dads,” Haviland said. “I think there’s a negative stigma that’s put on single fathers, especially the ones that are non-custody. I had one single dad tell me one time that he was written off automatically as a second parent, not as an equal. I think people need to recognize that there are plenty of fathers out there that are equal parents.”

Haviland believes that in order to alleviate problems like adolescent crime and teenage pregnancy, society has to encourage single dads to become invested in the lives of their children.

“If we want to stop the bleeding in this nation when it comes to teenage pregnancy, crime, poverty and other things like that, we have to get to the dads,” he said. “It’s good to help those other areas, but that’s just a patch-up to a bigger problem. So we have to get directly to the dads, because when you get to the dads, then the jail rates will go down, teenage pregnancy will go down.”

He published a book, “A Father’s Walk,” which is geared to facilitate small group discussions. He recently coauthored another book, “The Daddy Gap,” with Dawn Walker, single mother and founder of Single Parent Missions. The book will be available through Westbow Press, Amazon.com, BarnesandNoble.com, afatherswalk.org and singleparentmissions.org.

AFW is one of few organizations in the United States primarily dedicated to supporting single fathers. Haviland hopes to spread awareness and understanding to the broader public about the plight of single fathers across the nation.

Reports reveal that more than 25 million children are growing up without their bi-

ological fathers in the home. About half of those kids have never been to their father’s house. Incarceration is twice as likely

school dropouts, 75 percent of kids from chemical abuse centers, 85 percent of youths in prison and 90 percent of all homeless

termination to make a difference through AFW.

Within the single parent demographic, moms account for about 85-90 percent of primary caregivers. But Haviland’s definition of “single father” is not limited to custodial parents.

“I don’t define single father as someone who has full custody,” Haviland said. “I define it as a dad who either is involved or wants to be involved in his kids’ lives.”

Haviland himself is a single father with a 7-year-old daughter named Olivia. He has discovered that his work with AFW has benefited him, as well as the single dads he ministers to.

“I’m growing as a dad myself all the time because I’m right in the mix with the guys,” Haviland said. “I’m in the trenches every single day. Some of the things I encounter on a regular basis are the things they encounter too and I’d like to take what I’ve learned and what I’ve applied and say, ‘this is what has worked for me.’”

AFW is hosting the upcoming third annual Single Parenting Expo in Grand Rapids on Saturday, March 8 from 9 a.m. to 3 p.m. at the DOCK ministry (4669 S. Division St. S.W. Wyoming, Mich. 49548). AFW will also participate in the Focus on Fathering Conference on Saturday, April 19 from 8 a.m. to 3 p.m., a conference not only for single fathers, but for all dads, father figures and soon-to-be-dads. The conference will be located at the Grand Rapids Kroc Center (2500 S. Division St. Grand Rapids, Mich. 49507).

For more information about AFW visit www.afatherswalk.org or “like” AFW on Facebook.



PHOTO COURTESY MATT HAVILAND

Haviland spending time with his daughter Olivia, 7.

among boys who grow up in fatherless homes than those who are raised with a mother and father. Seventy-one percent of high

and teenage runaways are from fatherless homes.

These are just some of the statistics that fuel Haviland’s de-

Grand Rapids one of healthiest places in nation

The city recieved a No. 9 ranking on Livability.com for health thanks to high quality, affordable health care

BY GRACE RUITER
Local Editor

The health care in the Grand Rapids area ranked No. 9 nationally in a recent listing on Livability.com, a website that rates small to mid-size cities based on a number of different factors, including health care.

In its listing for Grand Rapids, the website highlighted low health care costs, longer average life expectancies, beautiful surroundings and nationally-ranked hospitals as reasons for the ranking. Many of the statistics upon which the ranking was based come from Healthcare Bluebook, a website that provides information on the health care systems in different parts of the country.

According to Livability.com, a typical Grand Rapids resident spends 31 percent less on health care than the national average. Of the cities ranked on the website, Grand Rapids has the third lowest expenditure on health care. The website hypothesizes that the low cost is due to intense competition between hospitals in the Grand Rapids area.

“A total of 12 local hospitals, three of which hold national rankings, serve the Grand Rapids area. These hospitals compete for patients, which lowers medical expenses,” the website explained, adding, “Residents also benefit from a high number of primary

care physicians and dentists.”

The website notes that Grand Rapids not only offers a large number of hospitals, but a high quality of care.

twice its size. Two hospitals here (Spectrum Health and Helen DeVos Children’s Hospital) are ranked nationally in specialties by U.S. News & World Report.

website read.

Cheryl Feenstra, chair of the Calvin nursing department, agrees with the high ranking, saying that many nursing stu-

quality care.

“The health care facilities in Grand Rapids are excellent, and the students know that from their clinical experiences. Both Spectrum Hospital and Mercy Health Care Systems have magnet status, which means that they are excellent places for nurses to work and for patients to get care,” Feenstra said.

Calvin junior Hannah Reed also affirmed the ranking. “I’ve had relatively good experiences. When I had to take my friend into the ER, we got in, got taken care of and didn’t have many bills to take care of afterward.”

In addition to strong health care facilities and low cost, the website suggested that the natural beauty of the Grand Rapids area helps keep residents healthy.

“With the sandy beaches of Lake Michigan to their west and lush forests to their north, south and east, residents of Grand Rapids have easy access to outdoor adventures. Inside the city limits, nearly 1,600 acres of parkland allow families to play, exercise and relax,” the website noted.

The website said that the city’s “growing office environment, vibrant nightlife and quaint shops,” as well as its summer festivals and craft brewing industry, also play a role in keeping the Grand Rapids area healthy.



PHOTO COURTESY WIKIMEDIA COMMONS

The medical mile helped Grand Rapids make the top 10 in the nation for health.

“The quality of health care facilities in Grand Rapids exceeds that of even most communities

Mercy Health Saint Mary’s also holds high-performing rankings in four specialties,” the

dents find jobs in Grand Rapids because of the large number of health care facilities and high-

DEPRESSION & ANXIETY AWARENESS AT CALVIN

BY BEKAH COGGIN
Religion Co-Editor

What do depression and anxiety involve?

Have you ever received bad news that makes you physically tired? Depression is something like that — except all the time, explained Libby Huizenga, who serves on Active Minds leadership. She continued by saying depression can even go beyond a feeling of intense sadness and develop into numbness to emotions.

Often students who have never experienced depression do not understand what, to them, seems like irrational thinking.

“I feel like depression is vastly misunderstood,” Huizenga said. “The stigma with depression is that they are experiencing sadness but responding irresponsibly...it might be that they are lazy.”

However, while Cindy Kok, director of Broene Counseling Center, agrees that there is some stigma associated with depression, she thinks Calvin students have a “fairly accurate understanding” of depression.

“Over the time I’ve been here, I’ve seen a decrease in the stigma,” Kok said.

Instead of seeing depression as a lack of rational thinking, Huizenga hopes

WHAT IS THE BROENE COUNSELING CENTER?

“The Broene Counseling Center provides high quality counseling services in a confidential setting within a reformed Christian framework. We help Calvin students to reduce psychological symptoms, cope with difficult life events and be successful in their academic and personal endeavors.”

people understand that it is not simple for the person experiencing depression.

“It’s not a matter of laziness or [lacking] willpower,” Huizenga said. “It’s a powerlessness and intense apathy. It’s a physical exhaustion. The idea of lifting off the covers and getting out of bed is the most overwhelming thing in the world.”

She said the amount of effort to face a day is out of reach, and everyday problems feel insurmountable.

“The main symptom is lack of desire to do things you enjoy. It often goes along with trouble sleeping — both insomnia and oversleeping,” Huizenga said.

Kok adds suicidal thou-

ghts, tearfulness, change in appetite (in either direction), loss of energy, difficulty concentrating or feeling of worthlessness and guilt to the list of symptoms of depression. While depression will look different for every person, Kok advised students to seek help if they have about five or more of the symptoms.

Kok also identified a misunderstanding some students at a Christian school make by relating depression to a lack of faith. It is not a sign of immature faith; instead, the sadness from depression could make students feel distant from God. Instead of separating psychological life from spiritual life, Kok said Broene works to help students through depression to restore a relationship with God.

“At a Christian college, people can wonder if they need psychological help to deal with worry,” Kok said. “They think something is wrong with their spiritual life and they need to fix that. I see it as the opposite. Depression may be hindering a relationship with God.”

Huizenga also pointed out a similar a misunderstanding of anxiety, a mental illness often seen in tandem with depression. As she explained that anxiety could be related to academics, responsibilities or social situations, she gave an example of the excessive and unnecessary worry brought on by anxiety.

“For some it’s a ramp up of ‘If I don’t do perfect on this assignment then I won’t pass the class. If I don’t pass the class, I won’t get into grad school. If I don’t get into grad school, I’ll be a disappointment to my parents. If I’m a disappointment to them, I have no reason left to live.’ It all sounds irrational and you may even know it, but once you’ve created this anxiety you can’t back down from it,” Huizenga said.

What are possible causes of depression and anxiety?

Huizenga pointed to two causes of depression: genetics and traumatic life experiences.

If depression is genetic, people usually experience onset of depression around the age of 18. This fact, in tandem with life changes most 18-year-olds experience, is the cause of a spike in depression among college students.

“The average onset age is 18, but that doesn’t guarantee that you’ll get [depression],” Huizenga said. “However, leaving for college can trigger it. You’re now living away from parents so all



PHOTOS COURTESY CALVIN.EDU

The distinctive stained-glass door of Broene Counseling Center, located on the second floor of the Spoelhof Center.

familiar patterns of life have changed. You’re expected to be an adult and motivate yourself to do your own work. The shock from big life changes can push people who may be prone to depression into depression.”

Huizenga noted that anxiety can be brought on by the



Broene Counseling Center director Cindy Kok meets with students about mental health.

same causes.

“That’s what makes college terrifying,” Huizenga said. “You’re being taken from unconditionally loving people and experience isolation because of separation from family. But you are not alone — new relationships will grow, but it’s a vulnerable place.”

Huizenga explained that depression as a response to traumatic life events is not an irrational way of coping, however it is a distinct reaction from grief.

“Grief after a tragedy is different. Six months later, you will still be sad, but able to do day-to-day tasks and maintain lasting, meaningful relationships — sometimes even build stronger relationships because of the grief,” Huizenga said. “If trauma causes an onset of depression, in six months you will still experience a crippling sadness. You won’t be able to get out of bed, go to work or engage in social interactions.”

Kok noted that, while cases of depression have always been more numerous than cases anxiety, in the past two years, many college campuses have seen a switch in that there are now more students struggling with anxiety than depression. She points to the current economy as playing a role in higher numbers of anxiety.

What should you do if you or a friend have symptoms of depression or anxiety?

When helping a friend facing depression, Kok advises students to ask questions, be present and be able to listen. Invite your friend to do things together, but don’t be offended when they say “no.”

Offer consistency. It is good to be persistent even if the friend continually turns you down. But in all this, do not try to ignore or downplay the problem.

“Acknowledge that this is a problem,” Kok said. “Often, in an attempt to help a friend, people will say ‘I’ve been sad too,’ or ‘I’ve been worried too,’ but what they need to recognize is that this is a general problem, not a passing sadness or passing worry.”

Huizenga first wants to let students know they cannot help friends alone. Although friendship plays a significant role in healing from depression and anxiety, she encourages students not to fight for a friend alone.

“The first thing to remember is you are not a professional — you are not going to just fix your friends,” Huizenga said. “This is

WHAT IS ACTIVE MINDS?

“Active Minds is the Calvin chapter of a national organization dedicated to reducing the stigmas that surround mental illness.”

mate the power of sitting with someone and saying nothing,” Huizenga said. “They underestimate the most beautiful power of companionship. Knowing there will be people loving you tomorrow and the next day and the next — it is that unconditional love that creates a place for healing. And it’s kind of cool how much it looks like Jesus.”

Huizenga explains this simple act may not be as easy as it sounds. Our tendency is to help them understand how unreasonable their anxious or sad thoughts are. As much as we may want to help depressed friends reason their way out of sadness, this is not a solution.

“It may look like you’re having the same conversation over and over without getting anywhere, but depression isn’t logical,” Huizenga said. “Trying to reason with a person who is depressed is unreasonable — telling them [logic] isn’t what they need to hear. The best way to help with depression is to be a supportive community who loves and listens. For students to feel safe enough to go to Broene they first must feel that from friends.”

If you find the symptoms of depression in yourself, it may be harder to start healing. Huizenga gives advice on step one.

“Tell someone you trust,” Huizenga said. “If you have the boldness to go to Broene, do it. If not, ask someone to help you go there. Having someone ensure you go through with it.”

Kok said a great place to start is with the self-evaluator offered under the resources on Broene’s website: www.calvin.edu/broene.

both good and bad. It would be nice to be able to fix your friend’s problem, but at the same time, it takes the pressure off you. You don’t know everything — don’t be a hero. Get them to experts.”

You can, however, be an irreplaceable support to your struggling friends by simply being there and being constant.

“People tend to underesti-

BROENE FACTS

In the 2012-13 academic year:

- 710 (18 percent of the student body) students were seen at Broene
- 174 (24.5 percent of those students) were diagnosed with depression
- 140 (19.7 percent of those students) were diagnosed with anxiety
- 150 (21 percent of those students) indicated that they were referred to Broene by another student

Fallon brings ‘The Tonight Show’ back to New York

NBC’s ‘The Tonight Show’ has been hosted by Steve Allen, Jack Parr, Johnny Carson and Jay Leno

BY CHRISTIAN BECKER
Staff Writer

A transformation in television history was made last week; it came from the heart of New York City. “The Tonight Show,” which has been a comedy institution since 1954 and is the longest-running program on broadcast television in the United States, was revived by a brand new host, one you may already be familiar with.

The new host of “The Tonight Show” is Mr. Jimmy Fallon, a man of many talents, including impressions, music and an instant chemistry with every guest that comes his way. From his previous years at “Saturday Night Live” to his recent time spent as the host of “Late Night” (also in New York), Fallon has been a huge player at NBC and late night television as a whole. But now he finally gets an even bigger chance to shine and transport a fresh new vibe to the talk show circuit. Joining in on the ride are Fallon’s Hip-Hop/Neo-Soul house band The Roots and announcer Steve Higgins, who have been with him since the start of his “Late Night” show back in March of 2009.

“The Tonight Show,” which was previously hosted by famous comedians Jack Parr, Johnny Carson and Jay Leno, has taken place in the city of Los Angeles

for the past few decades, but Fallon and NBC have brought it back to New York, which was its original home when the show began its reign as king of late night television. The show was at an all-

experience and energy that he brings to the table, Fallon understands what is needed to host a show that can appeal to a wide demographic of people ranging from all different ages (or at least

Show” is filled with viral videos that get thousands of hits within hours and Twitter and Instagram segments that bring the audience closer to the show. There’s not a week that goes by

celebrities and bands in the business stopping by to both congratulate him on all the success and to be a part of the show. On the first night, the guests were Will Smith and U2. The next night saw Jerry Seinfeld and later in the week the First Lady of the United States, Mrs. Michelle Obama dropped by to be a guest, along with Will Ferrell and musicians from Arcade Fire that very same night. The week ended with a visit from Justin Timberlake, when he and Fallon treated viewers to an all-new History of Rap, which is a set of performances made famous by the dynamic duo.

In short, the debut week was a large series of high notes with no sign of slowing down anytime soon. The format is similar to the likes of Fallon’s previous show, but most of the segments are ones that have been popular among fans or have never been seen by those who don’t stay up to watch that show at its 12:35 timeslot. No matter who the guest, you can be sure Jimmy Fallon will be bringing the laughs and entertainment back to “The Tonight Show” like never before. I encourage you to watch “The Tonight Show Starring Jimmy Fallon” and be a part of the world of late night television, where the best of pop culture is being showcased every single weeknight on NBC in new and exciting ways.



FILE PHOTO

time high when Johnny Carson took it over because he was not only the king of American television, but a pop cultural icon that no one had seen before. Fallon looks to be filling in those shoes perfectly. With all his years of

those who can stay up that late). Fallon and his staff seem to have cracked the code between what bridges TV and the Internet in ways other shows of this format have not. Instead of the same old, same old, “The Tonight

where a video isn’t being bounced around the web from Jimmy’s “Late Night” show, and now he’s doing the same with the new and improved “Tonight Show.” Fallon’s first week got off on the right foot with some of the hottest

‘Star-Crossed’ has potential

BY ROSELLE PAZ LANDOY
Staff Writer

Admittedly, when I first read about the CW’s new series “Star-Crossed,” I was skeptical. It sounded interesting but cheesy and, despite the promise of aliens, I was unsure how I felt about the idea of a love story. But I gave it a shot anyway.

“Star-Crossed” starts out in modern-day Louisiana, where

The human girl, Emery — portrayed by actress Aimee Teegarden — starts her first day of high school after four years of being in a hospital for immune deficiency. At the same time, an experiment integrating seven Atrian teenagers into a public school, started by the head of the Atrian species and the U.S. government, begins.

While Emery’s transition to high school runs smoothly, the same cannot be said for the

friend Julia (who also suffers from immune deficiency) sneak into the Sector, a highly secured area where all the Atrians live, to try to find an Atrian healing herb called Cyper — one of the many rumors about the aliens and their lives — which Roman informs them is merely an Atrian form of saffron.

Ultimately, the pilot wasn’t terrible, but it was a little too predictable for my taste. Roman being the little Atrian boy Emery helped when they were younger was no surprise, and neither was the choice Emery made when a party was crashed by some cops.

Additionally, it moved a little too quickly. A lot of things happened in the 42-minute episode: Emery found out that Roman was the little boy, she was welcomed by the popular group without knowing much about her, there were fights and there were feels. Perhaps this was a plan to prove that the series will be interesting and unique, but I thought there were too many things thrown at the audience in a span of one episode.

Moreover, the plot (a girl and a boy from two different worlds that don’t like each other fall in love) has been done before.

However, I would be lying if I said I’m not going to watch the next episode, and perhaps the one after that, just to see what happens in the relationship between Roman and Emery and between the Atrians and the humans. Also because Matt Lanter is one very attractive alien.

To be honest, the show has potential. Assuming that the next episodes goes a little more slowly and that a few more interesting plot twists show, I can see the show doing alright.



FILE PHOTO

extraterrestrial beings called Atrians have landed on our planet. Their tattooed faces set them apart from humans and they are immediately seen as a threat.

During a battle, a young Atrian, told by his father to run, finds shelter in a small shed where a little human girl spots him. A friendship is made.

No more than 12 hours later, they are found by authorities and the Atrian boy is shot as he tries to protect the little girl.

Fast forward 10 years.

Atrians. The disapproval of several human high school kids is obvious as they mark the Atrians’ lockers, stare them down in the halls and try to start fights with them.

Through all this, an Atrian boy, Roman — “90210’s” Matt Lanter — takes a special interest in Emery. From the moment he saw her on their first day, he knew that Emery was the girl that let him hide in her family’s shed when they were only six years old.

Emery finds this out later on in the episode, after she and her



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Baseball ready to start season

Calvin looks to build off their performance from last year

BY BRIAN EXNER
Staff Writer

After a relatively disappointing season that included finishing fourth at 15-13 in conference and 16-25 overall, the Calvin Knights are looking to take advantage of an experienced squad.

Coach John Sparks provided optimistic insight. “With more than 20 returners and the addition of a couple players, I think the ceiling is high for this team. We have a little more pop in the lineup this year.”

After hitting .299 as a team but only slugging .070 better at .369, Coach Sparks noted that the additions of Matt Schepel, Peter Cupery and Colte Wolfe will help drive the ball to the gaps.

Junior outfielder Grant VanPutten was a keystone for the offense last year, hitting .426 while setting Calvin records in single season stolen bases (23), hits (63) and at bats (148) as well as all-time records in stolen bases (44).

He is excited for this season. “We are pretty confident that we can do better than our projected finish and compete for the conference tournament.” He is the only returner to have played in all 41 games last season.

Another advantage of having so many returners is the depth on



PHOTOS COURTESY CALVIN.EDU

Grant VanPutten provides speed.

the defensive side. The Knights were third in the conference fielding percentage, finishing at .951. Having a strong defense gives the pitchers added confidence. Senior pitcher Jeff Victor noted, “We have a great defense behind us with a lot of depth. No matter what line up we have in, we play to win.”

With upcoming games in the south during the Knights’ spring

break trip, the team is looking to start things off with a win.

Senior pitcher and designated hitter Jack Jorgenson acknowledged the importance of these games. “We want to win these games and get prepared for conference. We are looking for guys to pitch well and take good approaches at the plate.”

New to the program, assistant coach Zak Gonzalez has been helping the pitchers prepare.

“He is entrusting us to know the basics and he is teaching us a lot about situational pitching,” said Victor of coach Gonzalez.

Senior pitcher Grant VanderWall believes the staff will be much improved from last year. He sees their job as “pounding the strike zone, but at the same time being smart and knowing what to throw in what situation.”

Passion and a desire to win flowed through these members of the team last year, and they hope that translates to the field a little more this year.

With the returning talent and additions of players with unique tools, there is one thing on VanderWall’s mind: “I’m just ready to play.”

Senior day a success

Knights blow out Albion at Fieldhouse

BY JACOB KUYVENHOVEN
Sports Editor

The Calvin College men’s basketball team celebrated its senior day with an 83-57 win over the Britons of Albion College at home on Saturday. Calvin finishes its MIAA season at 19-5 overall and 11-2 in MIAA play. The women’s volleyball national championship banner was uncovered at halftime.

The game was never really close, as the Knights jumped out to a 21-6 lead within the first 10 minutes. Junior Tyler Dykstra had a career-high 15 points, which tied for the lead among Calvin scorers with Tyler Kruis. Mickey DeVries grabbed eight rebounds, and Jordan Brink and Austin Parks both had five assists.

Albion had four players in double figures, but no player scored more than 11. The Britons, who don’t have a

player taller than 6 feet 4 inches in their starting lineup, had a lot of trouble with Calvin’s tall front line. The Knights shot over 60 percent and outrebounded Albion by 12.

This was the last regular-season home game that Calvin’s three seniors will play. The seniors are Tyler Kruis, Mickey DeVries and Jordan Mast.



Senior Mickey DeVries.

Kruis is Calvin’s leading scorer, averaging 15.6 points per game to go along with 5.5 rebounds. DeVries leads the Knights in rebounding with 6.6 per contest, and also their third-leading scorer at 9.9 points per game.

Mast has been a valuable contributor off the bench, especially effective because of his three-point shooting, as he has hit almost 40 percent of his tries this season.

Calvin did not have much time to rest, as the MIAA tournament began on Feb. 26. The Knights are the second seed in this tournament, only ranked behind Hope.

Track to host meet

Calvin Championships are on Saturday

BY JACOB KUYVENHOVEN
Sports Editor

The Calvin College track and field teams are set to host the Calvin Championships on Saturday, Feb. 28. Field events will begin at 9:30 a.m. with running events set to start at noon. Admission is free.

The meet, although not officially an MIAA Championship, is aimed to be as competitive



Senior Nicole Michmerhuizen.

as possible among the schools in the conference. Several of Calvin’s conference rivals, including Hope, are making the trip to compete.

Different incarnations of this meet have been around for the past few years, including last year at Trine’s facility, ever since the league decided not to do an official indoor championship meet.

Last year, the event took place at Trine, but head coach Bret Otte and the Calvin staff have stepped up to the plate and brought the meet home to the Knights.

The meet will have team scoring, which is a unique thing for a meet this size during an indoor track season. Junior Josh Ferguson said that this is a big motivating factor for the team. “This is our first real opportunity to compete as a team, so it’s definitely exciting.”

For most of the team, this will be their final contest before the spring break trip and outdoor season. The meet serves as a way to gauge how well the team is doing and what they must improve on if they want to defend the men’s and women’s outdoor championship titles from last year.

Calvin does have a couple athletes with a significant chance of competing at the Division III National Championships in two weeks. Senior Nicole Michmerhuizen is seeded fourth in the 3000 meters and sixth in the 5000 meters at the time of press.

She is the defending national championship in the outdoor 10000 meters and finished second in the indoor 5000 last indoor season. This is the inaugural season that the NCAA is holding a 3000 meter race in Division III, so Michmerhuizen will have to see how she fares for the first time.

Senior David VandeBunte is currently 31st on the list in the 3000 meters, and will likely look to qualify in the event next week at a “last chance” meet, likely at either North Central College or Wisconsin-Oshkosh.

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“ In order to re-establish the trust squandered by the failings of Mt. Gox, responsible bitcoin exchanges are working together.

Bitcoin industry leaders, “Bitcoin exchange” ”

Bitcoin exchange goes dark after alleged theft of 750,000 bitcoin

BY JOHN MUYSKENS
Sci-Tech Editor

Mt. Gox, a prominent Japanese bitcoin exchange, ceased transactions and shuttered its website Monday. The shutdown comes after a leaked document revealed massive theft resulting in the exchange's insolvency.

Mt. Gox began in 2009 as Magic: The Gathering Online Exchange, a website for exchanging trading cards. The original owner changed the focus of the website in 2011 to a bitcoin currency exchange, selling it to current CEO Mark Karpeles. Mt. Gox handled 70 percent of all bitcoin trades in April 2013.

On Feb. 7, Mt. Gox suspended bitcoin withdrawals. A press release stated that the exchange had detected “unusual activity” related to “transaction malleability.” “A bug in the bitcoin software makes it possible for someone to use the bitcoin network to alter transaction details to make it seem like a sending of bitcoins to a bitcoin wallet did not occur when in fact it did occur,” explains the release. “Since the transaction appears as if it has not proceeded correctly, the bitcoins may be present.”

The price of bitcoin on Mt. Gox, which closed as high as \$1,007 on Jan. 26, fell to

\$111 by Feb. 20, according to bitcoincharts.com.

Mt. Gox resigned Sunday from the Bitcoin Foundation, an industry advocacy group of which it was a founding member.

On the evening of Monday, Feb. 24, Ryan Selkis blogged about a report leaked to him from a “reliable source.” The report, titled “Crisis Strategy Draft,” revealed losses of 744,408 bitcoin, worth approximately \$350 million based on exchange rates for Monday. The report blames the losses on theft enabled by the transaction malleability issue “which went un-

noticed for several years.” Several hours later, he leaked the report. Shortly thereafter, Mt. Gox halted trading.

In response, industry leaders issued a joint statement denouncing mismanagement at Mt. Gox. “In order to re-establish the trust squandered by the failings of Mt. Gox,” read the statement posted at the Coinbase blog,

“responsible bitcoin exchanges are working together and are committed to the future of bitcoin and the security of all customer funds.” The statement called for increased responsibility and transparency in order to maintain consumer confidence in the cryptocurrency.

Soon after the report, mtgox.com was taken offline. The website later reappeared as a landing page with a message to Mt. Gox customers: “In light of recent news reports and the potential repercussions on Mt. Gox’s operations and the market, a decision

was taken to close all transactions for the time being in order to protect the site and our users. We will be closely monitoring the situation and will react accordingly.”

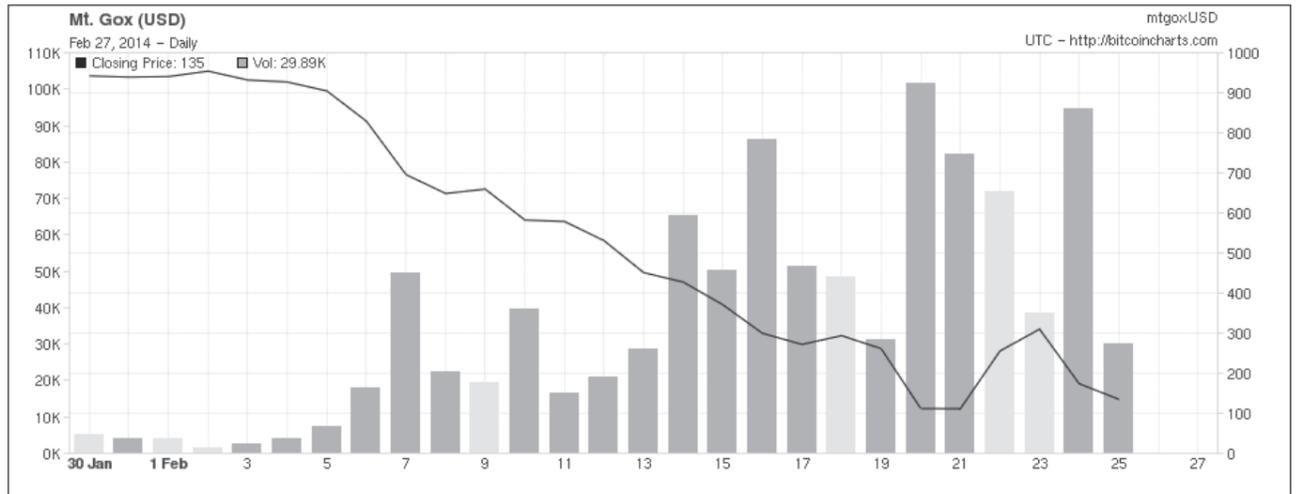
The leaked document, which Karpeles confirmed as being “more or less legit,” acknowledged the damage that the revelation would cause to the public perception not only of Mt. Gox, but also of bitcoin as a whole, among other cryptocurrencies. The document highlighted a plan to rebrand Mt. Gox as Gox. Mt. Gox’s parent company recently purchased the domain

gox.com, which currently redirects to mtgox.com.

“Regardless of malleability and regulatory issues, Mt. Gox’s main problems are massive robbery and poor bitcoin accounting,” stated the report.

The average price of bitcoin fell from \$612 on Sunday to \$540 on Monday, according to Coinbase. The price of bitcoin has fluctuated wildly in the past several months, trading as high as \$1,100 in late November 2013.

Mt. Gox faces investigations by authorities in Japan and the United States.



The price of bitcoin on Mt. Gox has fallen against the US dollar over the past month.

CHART COURTESY BITCOINCHARTS.COM

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Calvin students partner with YoungLife ministry

BY DANIEL WOODIWISS
Guest Writer

There’s “no end in sight” for Ron Hedgcock, according to the 2013 Calvin graduate himself. Hedgcock said this as he reflected on his four-plus years as a Northeast Grand Rapids YoungLife leader, expressing his desire to continue in his role. YoungLife (YL), a Christian ministry intended especially for teenagers, has several local branches in Grand Rapids alone, despite being a national organization.

According to an issue of *The Calvin Spark*, Calvin College and YoungLife formalized their partnership in the Spring of 2011. Since then, Calvin students and alumni alike have continued to use this coalition as an opportunity to serve in their community.

YoungLife’s stipulated mission is “introducing adolescents to Jesus Christ and helping them grow in their faith.” For many Calvin students, this mission is what attracted them to the club in the first place.

“I figured YoungLife would be a good opportunity to continue working in youth ministry,” said Hedgcock, who spent several summers as a Christian camp counselor. Scott Burden, a 2012 Calvin graduate and current staff assistant with Central Grand Rapids YL, echoed this sentiment, asserting, “what makes YoungLife unique is the fact that we desire to share the Gospel with kids through our consistent presence in their lives.”

So just how does this group go about sharing the Gospel with young teenagers? Well, they first fill the need for group leaders. From the start of their partnership with Calvin, YoungLife has had a table at the popular extracurricular

lar expo, Cokes and Clubs, and this setup is how both Hedgcock and junior Hannah Bentele first entertained the idea of serving as leaders.

Neither had worked for YoungLife before, but Bentele said, “I figured this would be a great way to get involved with something important outside of Calvin’s campus.”

Other students use prior YL experience as motivation for a leadership position. Sophomore Ally Carter, who “fell in love” with YoungLife her sophomore year in high school, claims her YoungLife leader (a then-Calvin student) was the reason she came to Calvin in the first place.

“I knew I wanted to be a leader here, too,” Carter said. “So I contacted [Northeast Grand Rapids YL Area Director] Matt



PHOTOS COURTESY OF ALLY CARTER

Calvin students Jill Schmidt and Ally Carter co-lead their group of YoungLife girls with Emily Deadman.

“You start by being assigned to a certain gender and a certain grade,” Bentele said. “I’m currently with senior girls at Forest Hills Eastern, and I’ve been with them since their sophomore year.” Once they meet their group, their primary responsibility is to, in Carter’s words, “be a part of these [teenagers’] lives, get to know them and walk with them in their journey to know Christ.”

This sort of bond can yield significant benefits for the leaders, as Bentele explained.

“This has helped my relationship with Christ, because I can’t be a good leader of my girls without working on my own relationship,” Bentele said. “For instance, they frequently ask really good, philosophical questions about the Bible that I can’t always answer, and that in turn makes me want to learn more about the Bible.”

Finally, leaders also organize and lead the YoungLife Club meetings, which usually take place at the home of one of the middle or high school students. Bentele described the usual for-

mat of these events. “They’re really just kind of insanity ... they usually involve some mixture of playing games,



Calvin alum Ron Hedgcock and student Alex Oddo with some of their YoungLife students at Timber Wolf Lake this summer.

singing songs and watching funny YouTube videos, but at the end of the night, there’s always a 10-minute devotional time called ‘club talk,’ and this is a way to work Jesus in amidst all the fun,” Bentele said.

Many outside of the program may be skeptical of the success of this format, but for those that have attended and worked with YoungLife, there is no doubt in their minds that this is an effective model of ministry. Carter

maintained that she “met Jesus because of YoungLife” and that young people are similarly experiencing this.

“Kids who don’t typically want anything to do with God or church or religion in general can come and see how much we and God love them, free of judgment,” Carter said.

“While there are many kids who go to YoungLife and also have Christian families and/or attend church regularly, there are also many that do not,” Hedgcock said. “YoungLife is designed for that second group.”

“YoungLife exists to reach a lost and often times misunderstood generation by being present in kids lives consistently and it is for that reason that YoungLife is a ministry model that is so incredibly effective and motivated by the

good news of the most beautiful love story known,” Burden said.

Although numbers in Calvin participation have slightly decreased (an estimated 22 YL leaders are from Calvin this year, compared to 32 just three years ago), the effects on the Calvin community are as strong as ever.

“God is good and, as evident in YoungLife’s long and rich history, He is continually blessing the ministry as we seek to reach a world of kids,” Burden said.

Trials & Tributes: Yonker’s story of overcoming grief

When facing anger at God, Yonker encourages students to surround themselves with trusted people

BY CASEY MCINTOSH
Staff Writer

As people age and mature, all come to a point in life where they must confront loss and grief. Grief is a natural and necessary process birthed from loss — the loss of a dream, the loss of a hope or the loss of a relationship.

Psychology professor Julie Yonker is familiar with grief on multiple levels. She teaches a psychology class on grief and she helped develop the First Year Seminar curriculum to give students coping strategies for grief.

But she also has first-hand experience: she lost her mother at a young age.

Yonker was just out of college, not much older than most students at Calvin, and living in Germany while her family lived at home in Texas. Her mother had been battling cancer for quite some time and began to lose the fight. Her father and some members from their church helped to care for Yonker’s mother.

Her father needed a short break from the caretaking, so Yonker traveled back home

from Germany to take care of her mother. While her father was gone, her mother became more sick.

“At night I would walk in and check on her to see if she was still breathing,” Yonker said.

Her mother soon became so ill that she was not able to receive proper care at home. Yonker feared she would pass away soon.

“I had to take her to the hospital,” Yonker said, “and I knew then that was the last time I was taking her away from her home.”

After caring for her mother while her father was away, Yonker had to travel back to Germany, but after only a few days back in Germany, she heard that her mother had finally passed away after the long fight with cancer.

She had started the grieving process long before her mother passed away, but this did not curb some pain and frustration.

“I was angry with God. It was unfair,” Yonker said. “I thought that this was a really stupid idea God had. It didn’t make sense how God would allow a woman who did and could do so much for His kingdom [to pass away].”

Yonker said the loss hit espe-

cially hard at the funeral. She questioned God and God’s motives, but knew he was present in her pain.

“He was clearly there at the funeral,” Yonker said. “I’m not sure how else I could’ve even breathed on my own.”

Yonker said that while confronting loss and addressing the grief people can become angry, confused, depressed and utterly lost. With the loss of a parent, it becomes difficult to find yourself again. Having lived in a world where home may have been a face or a hug, part of one’s identity comes from the existence and life of another person. Without that foundation, loss of self and questions of identity are imminent.

She mentioned that this feeling is not limited to specific events. The loss of a dream or hope leads to the same effects. Individuals who lose any aspect of stability, whether financial, spiritual or mental, also bear this burden. To handle grief is to learn to cope.

Yonker explained that C.S.

Lewis’ “A Grief Observed” comforted her while coping with her loss because of Lewis’ great knowledge and faithfulness while



CALVIN.EDU

Julie Yonker, Calvin psychology professor, teaches courses on grief and wrote Calvin’s First Year curriculum on grief.

battling similar strife. She took other steps to cope as well.

“I surrounded myself with women who have also been through tough events,” Yonker explained. “I trusted them, and they supported me.”

Yonker hopes to encourage students dealing with grief. When coping with grief, she said, do not become isolated. Self-care is important and will help stabilize mind and body. When dealing with grief, the body is under a heavy weight and becoming isolated or seeking indulgence in the “comforts” will only lead to harm.

Instead, Yonker said, get out of bed and dress, eat healthy and see friends. This will ultimately help most while coping.

Yonker is no longer angry with God, nor does she seek answers or question his justice. She is able to take a grander view and see the blessings it has brought. She finds comfort in the rest her mother has been granted, even though she still misses her.

Campus Safety Report

The campus safety department took a report of unspecified trouble in Noordewier Hall. Upon investigating, it appears the caller was attempting to harass a student resident. Campus safety officers followed up with the caller.

2/18/2014

The campus safety department took a report of malicious destruction of property in the Knollcrest Dining Hall parking area. The victim reported a vehicle window was broken out between 9:30 a.m. and 2:25 p.m. on Tuesday, Feb. 18. It did not appear that anyone tried to take anything from the vehicle. The victim was advised to report the incident to the Grand Rapids Police Department.

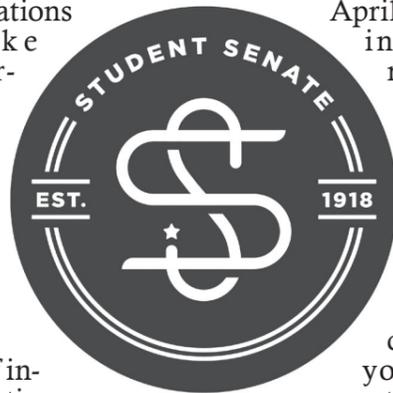
2/18/2014

The campus safety department took a report of malicious destruction of property in the Spoelhof College Center. Building Services personnel found graffiti on a bathroom stall in the men's room near the Gezon Auditorium.

2/20/2014

Senate Corner

In this week's senate meeting, we approved the renovation of the hallway next to Johnny's Cafe. The renovations will take place during spring break and will include installing a counter-top bar on the wall, addressing the need of increased seating.



Hampshire Boulevard.

Student senate elections will be on Thursday, April 17. If you're interested in running for senate, we will have an informational meeting on March 17. Contact senatepres@calvin.edu if you have any questions.

We have also approved an allocation of \$1,500 to the Calvin Community Garden that will be installed behind the baseball field on

Applications to be on a governance committee will be available soon. For more information, contact Connor Schmidt at senateprep@calvin.edu.

We will be having a town hall meeting on April 2 with President Le Roy to discuss the strategic plan and how it will affect students. The strategic plan shapes the direction Calvin will take for the next five years and the town hall meeting will be a way for students to directly learn about that direction. Contact senatepres@calvin.edu for more information.

We recently created a service grant to allow students to do service activities in Grand Rapids. The \$750 grant can be applied for through the Service-Learning Center now. To apply, you need to fill out a proposal with your idea and the Service-Learning Center will review your application. Contact Anna Lindner at ael32@students.calvin.edu for more information.

SUDOKU

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King Crossword

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ACROSS

1 Stately dance

6 Spice blend in Indian cuisine

12 Nut in a toxic shell

13 "I, Robot" author

14 Acid neutralizer

15 Abrade

16 Disorder

17 Reverberate

19 In medias

20 Early pulpit

22 Skater

24 Babilonia

27 Exceptional

29 Make a splash

32 He sang "Alison" and "Veronica"

35 Took off

36 Recognize

37 Peculiar

38 Theater ticket datum

40 Teensy bit

42 Feedbag tidbit

44 Vaulted recess

46 Ellipse

50 Lowly worker

52 With optimism

54 More goose-

bump-inducing

9 Texas city

10 Easy bounding gait

11 Birds, to Brutus

12 Video maker, for short

18 Long, blunt cigars

21 "— Doubtfire"

23 Mimic

24 Gridiron arbiter

25 Under the weather

26 Flip

28 Not widely known

30 Antiquated

31 Spacecraft

address

33 Altar affirmative

34 Seesaw quorum

39 Pay

41 Unlike rolling stones?

42 Poets' tributes

43 Neighborhood

45 Saucy

47 String instrument

48 Partner

49 Caustic solution

51 "Trivial Pursuit" need

53 John's Yoko

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Super Crossword

ACROSS

45 Prefix for "the same"

46 Riddle, part 3

49 Comedian

50 Swapped

52 With 6-Down, what a sad person sings

53 Robbins or Rice

54 Elongated fish

55 Thickhead

57 Inuit homes

59 Riddle, part 4

65 Hat fabric

66 "Gilligan's Island" star

67 Villain in 113-Across

68 Riddle, part 5

71 — frisé (small dog)

73 "Buy — regular price, get ..."

74 Mined matter

75 Give relief to sodium chloride from

76 Past

77 Family name of old rulers of Florence

80 Bonny girl

82 Riddle, part 6

85 Suffix with percent

86 Rub with holy oil

CHIEF SODA PRODUCTS

71 Tendencies

72 Dialect

75 iPhone buy

77 Didn't ignite properly

78 Italian stage actress Duse

79 Dilapidated

81 Tempered with heat

82 What a cyclops has

83 Arctic regions

84 Genetic stuff

87 Pos., to neg.

88 Funny Caesar

91 ESPN sports analyst Dick

93 Roma's land

94 U.S.-Mexico border city

95 Washes with soapy water

97 Ed of Reagan's cabinet

98 Incantation

99 "There ought — law!"

104 Trial fig.

105 Lower-left PC key abbr.

107 Vertex

108 1999 Seattle protest subj.

109 "Well now!"

110 Hairstyles

111 —Kosh B'Gosh

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“Chimes leadership should never censor a story because a student’s position is in the minority or because their position is not the same as Calvin’s.”
 Ryan Struyk, “Letter to the Editor”

Letters to the Editor

Pro-choice article lacks clarity and focus

Dear Editor,
 After reading Jon Hielkema’s article “Pro-choice at Calvin” published Feb. 20 several times now, I am baffled at the incoherence of the article. Putting the abortion argument aside, its purpose and audience changed about every other sentence. While it doesn’t seem like the article is intended to persuade anyone to believe differently, many of the statements seem like a waste of text in a piece meant only for pro-choice advocates. If persuasion was a

goal, it includes blunt and insensitive overgeneralizations of the opposing view point — a terribly ineffective move.

The great irony is that the author tries to present himself as an expert on argumentation at the beginning of the article. He said the purpose of the article is to tell the reader “what to do and what not to do when agitating for safe and legal abortions” and decided to include a largely irrelevant paragraph on argumentation theory near the beginning.

Based on the response online, I don’t think any pro-choice advocate would want to take

Pro-choice article misrepresents pro-life position

Dear Editor,
 While Mr. Hielkema’s argument for abortion rights contained several flaws in reasoning, perhaps his biggest “straw man” was his portrayal of pro-life supporters as unsympathetic, sexist and racist, which is the basis for several of his arguments. Being pro-life encompasses more than abortion; many who are against abortion also

support initiatives that help mothers afford and care for their children. For example, I am generally opposed to abortion, but I support comprehensive sex education, insurance coverage for contraception and affordable health care in order to effectively decrease the number of abortions. Pro-life supporters are concerned with more than “saving unborn babies”; many of us want to ensure that all children have the opportunities and support system

Online comments on pro-choice article hinder discussion

Dear Editor,
 For a piece with over 2,400 facebook likes, I suspect people who might agree with Hielkema’s op-ed are scared away from

commenting by the vitriolic response dominating the comment section online. Whether it be calls for taking down the article, “firing” the author, chastising the editors or questioning why there should be any kind of discussion in

Pro-choice article contradicts CRC beliefs

Dear Editor,
 In response to the editorial, “Pro-choice at Calvin,” I am disturbed that such an editorial would be allowed to be published. It directly contradicts the mission and the teaching of Calvin College and the Christian

Reformed Church. While I am a proponent of free speech, Chimes represents Calvin College and should not be a voice for someone to directly oppose its teachings. As Christians in this world, we submit to the sovereignty of God as Creator and giver of life. We also are called to engage the current culture, not endorse (as this editorial does) it or escape from

Pro-choice arguments ignore key facts of human life

Dear Editor,
 It is with a heavy heart I read “Pro-choice at Calvin” recently. I understand AP style wants pro-life to be referred to as anti-choice, but we are all pro-choice, we just differ on when that choice is made.

The fact that the writer believes killing an unborn baby (abortion) is okay because the baby only exists with permission of the parent is astounding. A 4-year-old, a 2-year-old and a 2-day-old exist

because the parents allow it to. A child may have special needs that requires a parent to quit their job; does that mean the child should be sacrificed? A kid certainly brings pressure to one’s social life, so perhaps we should extend the right to murder a child up until what, 18 years old?

Pro-abortion folks miss something very key in this debate. The unborn child is a person. I’ve never heard of a fetus shower or someone exclaiming, “we’re having a fetus!” Reminder: our Creator endows us with the unalienable right to life.

Scripture is decidedly pro-life and we should be too

Dear Editor,
 I would guess that much of the uproar over Jonathan Hielkema’s editorial, “Pro-choice at Calvin,” arose from the fact that many people assumed that Hielkema was attempting to approach the issue of abortion from a Christian perspective (given that this is a Christian college). But one need only observe the complete lack of any mention of God or Scripture to realize that his article is not based on a biblical worldview. Many of Hielkema’s defenders

were upset about the vigorous backlash that he received. But when people insist that we have a “civil and respectful dialogue” about this issue, they are minimizing the horror and wickedness of abortion, because they would not grant that same courtesy and benevolence to someone who supports slavery, Holocaust denial, ethnic cleansing or genocide. There has to be a line drawn somewhere. Sure, there are many issues that Christians do, in good faith, take differing stances on while still operating within the framework of a biblical worldview. But when it comes to this issue, Scripture is

Sterchi article courageous and helpful

Dear Editor,
 I congratulate Connor Sterchi for his report “Historical Genesis foundational to Christian faith” (Feb. 14). As a life-long science teacher of the literal Genesis account of creation, I believe it took great courage and in-

sight on his part to share his views in light of the fact that our denominational and educational leaders have for years promoted a “God used evolution” interpretation of God’s Word. He spoke the truth in love, he supported his comments with specific examples and he clearly articulated the belief, by survey, of

persuasion advice from the author.

Finally, while I’m not sure everything in the article should have been published, I am proud that Chimes leadership decided to err on the side of letting students freely have their say in publishing the piece. Chimes leadership should never censor a story because a student’s position is in the minority or because their position is not the same as Calvin’s. Thank you for standing for that.

Ryan Struyk, ‘14

to thrive. Mr. Hielkema and I share a common goal in reducing the number of children born into poverty, but legal abortion should not be considered a moral solution. I would encourage Mr. Hielkema to engage in respectful, thoughtful discussion with those who consider themselves pro-life instead of reducing his opponents to sensationalized sound bites.

Amy Schepers, ‘14

the first place, the various assertions for Chimes and Calvin to restrict dialogue on campus are repugnant, and reflect poorly on those that wrote them.

Jacqueline Ristola, ‘13

it. Who are we as mankind to choose to take a life of another human being? As Abraham Kuyper said, “There is not one square inch in the whole human domain of our human existence over which Christ, who is sovereign over all, does not cry Mine!”

Bruce Meyer, ‘89

We have allowed the murder of 56 million unborn babies in this country since Roe v. Wade. Nearly 4,000 unborn babies are being murdered each day in the name of choice.

We are told what you did for the least of these you did for Christ. If you can find someone lesser than an unborn baby, I’d like to meet them. We must pray for the unborn, mothers and our leaders to abolish abortion in this country.

Jacob Hall

unequivocally and indisputably pro-life (Jer. 1:5). We should not wave the “tolerance and unity” flag and pretend that it’s okay for a Christian to support the murder of unborn children created in God’s image. We should have righteous indignation at the things that make God angry (Eph. 4:26), which includes abortion (Prov. 6:17). Jesus was angry with the moneychangers in the temple. We should also be angry at a “church” that supports and collects funds for abortion.

Connor Sterchi ‘14

almost half of the members of the evangelical community which includes the CRC. The Church does have a variety of views on this topic, and his writing helped the move toward a much-needed balance in forming and expressing those views.

Michael DuMez

FROM THE EDITOR



Despite political and economic concerns, and my personal apathy towards winter sports (sorry, hockey fans), this year’s Olympics still managed to surprise me with the sheer joy expressed in the most famous international celebration on Earth.

Residents of Oslo, Norway, one of the finalists to host the 2022 Olympics, expressed concern about the economic cost of hosting the games on a recent NPR feature. Certainly the costs are real, but one interviewee perceptively expressed the spirit of the Olympics by comparing the Olympics to a party. Norway, she suggested, had enjoyed attending the party in the past, so now it was their turn to host.

Because the Olympics is a party — arguably the biggest party thrown regularly on the planet — and the joy of celebration is what draws people to watch the Olympics each year. Certainly competitive events attract the most attention, but this is hardly unsurprising at a worldwide celebration of the best athletes in the world.

Indeed, the spirit of athleti-

cism is partly what makes the Olympics the joyful celebration that they are. Although the media enacts an ad hoc competitive medal count between nations, no such competition is built into the Olympics, and for the individual athletes, simply attending the Olympics is such an honor that very rarely do athletes feel ashamed losing. The Olympics, rather than being a place of high-stakes competition, are a showcase of some of the most talented performers on Earth.

The most compelling parts of the Olympics are moments of joy, such as American luger Kate Hansen’s carefree warm-up dance routine, and close, hard-fought games like the gold medal women’s hockey game evince only admiration for the talented players on both sides.

The world may be a fallen place, but nowhere is the vision of God’s Kingdom more clearly seen on a global scale than in the joy and celebration of the Olympic Games.

~jdm

Literal Genesis problematic

BY JOSEPH MATHESON
 Editor in Chief

Connor Sterchi’s recent article regarding the historicity of Genesis has sparked some conversation on what seems to me to be an issue with which Christians are still struggling. I am happy to see the respectful way in which that discussion has progressed in the Chimes (see especially Nate Brees’ response), and I would like to suggest two new directions for discussion on this issue.

The first is a comment on Connor’s piece: he seems not to have lived up to his own standards of a plain reading of Genesis. While there is a larger issue regarding how to interpret the Bible (again, see Nate Brees’ response), Connor’s picture of creation is not fully consistent with the plain reading of Genesis he advocates. He states that Genesis shows God creating the world in six days, in the non-allegorical customary use of the word “day,” as the time it takes the sun to rise, set and rise again. But in Genesis, the sun is not created until the fourth day, inconsistent with Connor’s interpretation, and calling into question the time scale implied by Connor’s interpretation of Genesis.

Furthermore, he argues that sin entered the world through Adam, and that this point is critical for Christ’s work. Unfortunately, this claim is also contrary to a plain reading of Genesis, where sin enters the world through a snake, Eve and Adam acting jointly, calling into question the importance of a single, specific Adam for his interpretation of Romans.

He also does not mention the other humans described in Genesis as living contemporary to Adam and Eve. A plain reading of Genesis would imply that large populations of humans were already living on Earth at the time of the Fall, suggesting other creation scenes not mentioned in Genesis 2.

This is not necessarily a cri-

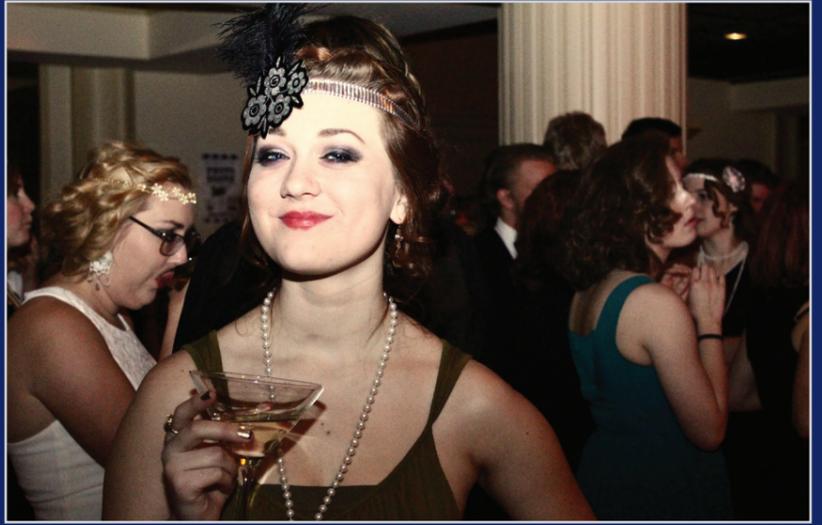
tique of Connor’s overall project of basing truth in a responsible reading of the Bible, but there does need to be more discussion about what such a picture would look like, since Connor’s current picture is inconsistent with a plain reading of Genesis.

Connor’s article does, however, point out that an old earth, with humans failing to arrive until very late in history, means that there must have been carnivory, death, suffering and vast amounts of extinction well before humans even existed to sin, possibly even from the very start of creation.

This, however, is deeply inconsistent with standard Christian theology, usually attributed to Augustine, which argues that God must have created the world perfect and absent evil, which could only be introduced through human sin. This problem, which is a much more serious conflict than debates over time frames, is addressed far more rarely in the Christian tradition. Since Genesis is indeed foundational for Christian theology, Christians will need to determine a theology that fits the facts of the Bible. In light of the scientific facts, the current choices for Christians are: to accept Augustinian interpretations of creation and hope science eventually proves them right; to attempt to articulate an Augustinian account of creation consistent with both scientific and Biblical facts; or to attempt to articulate an alternative interpretation of creation consistent with scientific and Biblical facts.

There has been some interesting headway by Christians on these issues, especially on the last option. For instance, former professor John Schneider has offered an interpretation of creation dating back to Irenaeus, a bishop and theologian from the second century, which he believes explains scientific and biblical facts much more persuasively than the Augustinian interpretation. I would encourage anyone interested in the topic to read his articles on the subject.

The opinions expressed in articles on this page are the opinions of the authors and do not necessarily represent the opinions of Chimes or Calvin College.



Great Gatsby
Formal & Poker Night

