

# INTERNATIONAL INTERNSHIP & GAP YEAR OPPORTUNITIES

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- **Adventures in Health, Education, and Agriculture Development, Inc (AHEAD)** - [www.aheadinc.org](http://www.aheadinc.org) - int'n volunteer, provide hands-on, people-to-people assistance/partnerships with rural, catastrophically distressed communities to combat malnutrition, disease, extreme poverty, technological deprivation and other conditions that have an adverse impact on the health and welfare of people
- **American Friends Service Committee** - [www.afsc.org](http://www.afsc.org) - int'l volunteer, one month and 3 month positions in DC and int'l, carries out service, development, social justice, and peace programs throughout the world thru Quaker organization
- **Americorps** - [www.americorps.gov/](http://www.americorps.gov/) - intern positions with US non-profit orgs, paid plus student loan payback, need to be US citizen, 9-12 month or summer, part-time and full-time
- **Amigos de las Americas** - [www.amigoslink.org](http://www.amigoslink.org) - non-profit organization that provides leadership and community service opportunities for young people while concurrently contributing to the well-being of hundreds of communities throughout Central and South America, fund raising required, after volunteer position, may be promoted to project supervisor level
- **Amizade, Ltd.** - [www.amizade.org](http://www.amizade.org) - short term int'l volunteer, empowers individuals and communities through worldwide service and learning, need to raise money for participation fees
- **Bread for the World** - [www.bread.org](http://www.bread.org) - a collective Christian voice urging our nation's decision makers to end hunger at home and abroad, volunteer intern positions are available in the Washington, D.C., length varies from three months to one year
- **BUNAC** - [www.bunac.org](http://www.bunac.org) - not-for-profit organization that specializes in sending young people for work abroad and volunteer abroad programs, may be program fees
- **Brethren Volunteer Service** - [www.brethren.org/site/PageServer?pagename=serve\\_brethren\\_volunteer\\_service](http://www.brethren.org/site/PageServer?pagename=serve_brethren_volunteer_service) - supported by the Church of Brethren, disaster and development work, volunteers in the United States must commit one year of service including the orientation period, overseas volunteers serve two years after arrival at the project
- **Center for Political and Economic Research for Community Action** - [www.ciepac.org](http://www.ciepac.org) - int'l volunteer, work focuses on research, information, education, training, analysis with the objective of all this is vital to decisions/actions of social organizations, civil, religious, grassroots, and communities, particularly indigenous people
- **Child Family Health Internation** - [www.cfhi.org](http://www.cfhi.org) - place health science students in global health education programs in ways are socially responsible and financially just, pay fee for 1 month session – need to raise own funds
- **Christian Reformed World Relief Committee** - [www.crwrc.org](http://www.crwrc.org) - relief and development agency of the Christian Reformed Church, international staff internship is a 24 month entry level position for young adults, raise own funds
- **Christians for Peace in El Salvador** - [www.crispaz.org](http://www.crispaz.org) - summer internships or 18 month volunteer positions, raise funds
- **City Year** - [www.cityyear.org](http://www.cityyear.org) - 10 month, US and int'n, tutor and role models for keeping youth in school, org pays expenses
- **Compassion International** - [www.compassion.com](http://www.compassion.com) - Christian child advocacy ministry that releases children from spiritual, economic, social and physical poverty and enables them to become responsible, fulfilled Christian adults, summer, paid internships available in Colorado Springs, CO

- **Concern America** - [www.concernamerica.org](http://www.concernamerica.org) - int'l volunteer, international development, health and refugee aid organization that provides long-term, community-based development and support to economically impoverished communities throughout the world, 2 year commitments, org provides room, board, travel expense and small stipend
- **Council on International Education** - [www.ciee.org/teach](http://www.ciee.org/teach) - work overseas and teach English abroad in Chile, China, the Dominican Republic, South Korea, Spain or Thailand, salary and housing provided
- **Cross-Cultural Solutions** - [www.crossculturalsolutions.org](http://www.crossculturalsolutions.org) - operates volunteer program around the world in partnership with sustainable community initiatives, int'l volunteer, need to pay program fees
- **Doctors for Global Health** - [www.dghonline.org/](http://www.dghonline.org/) - int'l volunteer, need to pay all expenses
- **Doctors Without Borders USA, Inc** - [www.doctorswithoutborders.org](http://www.doctorswithoutborders.org) - paid internship and volunteer positions in NYC office, also paid int'l positions with the proper qualifications
- **Federal government** - <http://makingthedifference.org/index.shtml> - short and long term internships with the government, both domestic and int'l
- **Foundation for Sustainable Development** - [www.fsdinternational.org](http://www.fsdinternational.org) - health, environment, development in Latin America, Africa and Asia, int'l volunteer
- **Fourth World Movement** - [www.atd-fourthworld.org](http://www.atd-fourthworld.org) - reaching out to people in extreme poverty, int'l volunteer, paid a modest salary
- **Frontier Internship in Mission** - [www.globalfrontiermissions.org/internships.html](http://www.globalfrontiermissions.org/internships.html) - international Christian missions organization focused on mobilizing, training, and multiplying disciples and churches among the unreached people groups in the US and abroad, need to pay program fees
- **Frontiers Foundation/Operation Beaver** - <http://frontiersfoundation.ca/> - education projects involve volunteers working in schools in the Northwest Territories, Nunavut and the Yukon, assisting the students in many different ways, housing construction and renovation across Canada, paid small living wage and housing and expenses paid
- **Gap Work** - [www.gapwork.com/](http://www.gapwork.com/) - resource for student gap year working abroad options, including popular destinations, voluntary placements, seasonal and temporary work abroad information, plus help and advice to get your gap year job plan started, third party provider, fees may be involved
- **Gap Year Resources** - [www.globalchoices.co.uk/](http://www.globalchoices.co.uk/) - offers a wide variety of programs for students and young professionals from the UK and internationally, third party provider, funded by fees
- **Global Crossroads** - [www.globalcrossroad.com](http://www.globalcrossroad.com) - volunteer, TEFL, internship paid teaching opportunities in 18 different countries throughout Asia, Africa, Europe, and Latin America, variety of fees and pay
- **Global Routes** - [www.globalroutes.org](http://www.globalroutes.org) - teach in rural villages, need to pay fee, int'l volunteer,
- **Global Vision International (GVI)** - [www.gviusa.com/](http://www.gviusa.com/) - volunteer abroad on critical conservation and community projects, send over 2,000 volunteers every year on projects worldwide, offers courses, volunteer opportunities, and internships, funded by fees
- **Global Volunteer Network** - [www.volunteer.org.nz](http://www.volunteer.org.nz) - int'l volunteer listing for 21 countries
- **Global Volunteers** - [www.globalvolunteers.org](http://www.globalvolunteers.org) - work with 100 orgs in US and abroad, volunteer
- **Go Abroad** - [www.goabroad.com](http://www.goabroad.com) - includes embassies, eco/adventure, teaching abroad and travel journals, some program fees
- **Hands for Help Nepal** - [www.handsforhelp.org.np](http://www.handsforhelp.org.np) - various volunteer opportunities in Nepal, need to pay fees
- **HealthCorps** - [www.healthcorps.net](http://www.healthcorps.net) - proactive health movement founded by heart surgeon, Dr. Mehmet Oz, for fighting obesity and mental resilience crisis by getting American students and communities across the country to take charge of their health, org pays salary + other benefits
- **HCB World Radio** - [www.hcjb.org](http://www.hcjb.org) - global work is focused on being the voice and hands of Jesus through media and healthcare ministry, short and long term opportunities, raise your own funds

- **Hope International** - [www.hopeinternational.org](http://www.hopeinternational.org) - Christian faith-based, focused on alleviating physical and spiritual poverty through micro-enterprise development, internship program is designed for students seeking to develop spiritually and professionally, volunteer
- **Idealist** - [www.idealists.org](http://www.idealists.org) - nonprofit internships, volunteer and full-time jobs from many orgs
- **Incarnate Word Missionaries** - [www.incarnatewordmissionaries.org](http://www.incarnatewordmissionaries.org) - int'l missionaries
- **International Society for Ecology and Culture** - [www.isec.org.uk](http://www.isec.org.uk) - promoting locally based alternatives to the global consumer cultural, volunteer
- **International Justice Mission** - [www.ijm.org](http://www.ijm.org) - human rights agency that secures justice for victims of slavery, sexual exploitation and other forms of violent oppression in Asia, Africa and Latin America, both domestic and international internships, 9 to 12 month opportunities for lawyers, social workers, business professionals, and students/grads
- **International Teacher Training Org** - [www.teflcertificatecourses.com](http://www.teflcertificatecourses.com) - ESL certificate in 4 wks, teaching opportunity abroad - org pays expenses + other benefits
- **International Volunteer Expeditions** - [www.gviusa.com](http://www.gviusa.com) - int'l conservation projects, need to pay fee
- **Jesuit Volunteer Corps** - [www.jesuitvolunteers.org/](http://www.jesuitvolunteers.org/) - provide essential services to low-income people and those who live on the margins of our society, can search by area and interest area
- **John Jay Institute** - [www.johnjayinstitute.org](http://www.johnjayinstitute.org) - mission is to prepare Christians for principled leadership in public life, fellowship includes stipend, housing, semester long education and semester long externship in Washington DC, no tuition or fees needed for fellowships
- **Maryknoll Mission Association of the Faithful** - [www.maryknoll.org](http://www.maryknoll.org) - int'l lay missionaries, must be Catholic, expenses and stipend paid by the org
- **Mennonite Central Committee** - [www.mcc.org](http://www.mcc.org) - volunteer, raise own funds, ministry of Mennonite and Brethren in Christ churches that demonstrates God's love to people in the midst of conflict, oppression, poverty and disasters, working in over 50 countries with its mission partners working in areas of relief, development and peace
- **Mercy Corps, Be the Change** - [www.mercycorps.org](http://www.mercycorps.org) - internships and work opportunities, both volunteer and paid positions, community development opportunities abroad and at headquarters in Portland, OR
- **Mission Volunteers** - [www.pcusa.org/msr](http://www.pcusa.org/msr) - ministry and mission agency of the Presbyterian Church (U.S.A.), working to grow Christ's Church through evangelism, discipleship, servanthood, and diversity, receive a stipend and assist in raising funds
- **Mother's Choice** - [www.motherschoice.org](http://www.motherschoice.org) - summer internships and full-time volunteer (room and board paid) in Hong Kong, charitable organization cares for single girls and their families facing crisis pregnancies and providing loving, nurturing care for babies and children needing permanent homes
- **New Horizons** - [www.new-horizons.ro](http://www.new-horizons.ro) - volunteers needed for the Viata program in Lupeni, Romania, uses adventure education activities (e.g. ropes course, rockclimbing, hiking) to empower youth to think about how they can make a difference in their communities, need to raise support (airfare, room & board)
- **Nicaragua Network** - [www.nicanet.org](http://www.nicanet.org) - committed to social and economic justice for Nicaragua, Latin America and the world, based on respect for sovereignty and self-determination, advocates for sound U.S. foreign policies that respect human rights and international law, int'l volunteer, also listing for jobs and internships
- **Nuestros Pequeños Hermanos** - [www.nphamigos.org](http://www.nphamigos.org) - caring for orphaned and abandoned children in Latin America and the Caribbean, int'l volunteer
- **Opportunity International** - [www.opportunity.org](http://www.opportunity.org) - provides opportunities for people in chronic poverty to transform their lives, summer internships require a minimum of 300 hours over 12 weeks and fall/spring semester internships require 16 hours per week, unpaid

- **Oregon Leadership Development Institute** - [www.thefellowsprogram.org](http://www.thefellowsprogram.org) – includes an internship and intentional community living to engage young people in a focused, nine-month exploration of their unique purpose and vocational pathway, as informed by the teachings of Jesus. Stipend, living expenses, and health care provided.
- **Overseas Job Centre** - [www.overseasjobcentre.co.uk/](http://www.overseasjobcentre.co.uk/) - guide to working, traveling and living abroad, posting of international jobs
- **Partners Worldwide** - [www.partnersworldwide.org](http://www.partnersworldwide.org) - micro-business development, opportunities at home office in Grand Rapids and internationally with partnership and affiliate groups abroad, domestic internships 3 to 12 months, international internships 9 to 12 months in Africa, Latin America, Asia and the Caribbean, raise support
- **Pilotage International** - [www.pilotage.org](http://www.pilotage.org) - an organization that teaches languages and cultural awareness to tourism workers in the Dominican Republic. Internships available in teaching language and other areas.
- **Plenty International** - [www.plenty.org](http://www.plenty.org) - sustainable development to promote local self-sufficiency in economically disadvantaged communities, have helped to implement projects in fifteen countries on four continents. int'l volunteer, need to raise own funds
- **Projects Abroad** - [www.abroad.org](http://www.abroad.org) - website provides listings from various org websites for volunteers, jobs and internships, both paid and volunteer
- **Seasonal employment** (e.g. ski instructor, summer camps, resorts, cruise ships) - paid
- **Serving in Mission (SIM)** - [www.sim.org](http://www.sim.org) - international mission organization with more than 1,600 active missionaries serving in more than 50 countries in Africa, Asia, and South America through planting, strengthening, and partnering with churches, volunteer positions, raise your own funds
- **Service Civil International-International Voluntary Service** - [www.sci-ivs.org](http://www.sci-ivs.org) - worldwide voluntary service organization and peace movement, in't workcamps are central to SCI's work and take a variety of forms, every year about 5000 volunteers participate in workcamps in over 80 countries
- **Student Conservation Association** - [www.thesca.org/](http://www.thesca.org/) - conservation experience with paid internship (includes stipend, housing, round trip travel), 3 to 12 months in all 50 states
- **Teach for America** - [www.teachforamerica.org](http://www.teachforamerica.org) - org pays expenses + other benefits
- **Tony Blair Foundation** - <http://tonyblairfaithfoundation.org/projects/faiths-act/fellows> - aims to promote respect and understanding about the world's major religions and show how faith is a powerful force for good in the modern world, paid year-long fellowship
- **Transitions Abroad** - [www.transitionsabroad.com](http://www.transitionsabroad.com) - website provides general info for working abroad, listing for jobs and internships
- **Trans World Radio (TWR)** - [www.twr.org/internships/](http://www.twr.org/internships/) - Christian radio network with programs in 225 languages and dialects with 14 int'l broadcasting locations, need to raise own funds
- **Unite for Sight** - [www.uniteforsight.org](http://www.uniteforsight.org) - participate daily with local ophthalmologists, local optometrists, and local ophthalmic nurses to eliminate patient barriers to care and to facilitate comprehensive year-round eye care for patients living in extreme poverty in India, Ghana and Honduras, no program fee, need to raise own funds for expenses
- **U.S. Peace Corps** - [www.peacecorps.gov](http://www.peacecorps.gov) - serve the country in the cause of peace by living and working in developing countries, need to be US citizen, living expense stipend
- **U.S. State Department** - [www.careers.state.gov](http://www.careers.state.gov) - connect with the global community, gain insight into U.S. foreign policy and diplomacy, internships and fellowships available to undergraduates, recent grads planning grad school
- **Village Schools International** - [www.villageschools.org](http://www.villageschools.org) - sends missionary teachers to small villages in Africa to get involved in the lives of the students, need volunteers for at least 4 months to teach intensive English courses in Africa, longer term volunteers teach everything from physics to English, need to raise their own support (airfare, room and board)

- **Visions in Action** - [www.visionsinaction.org](http://www.visionsinaction.org) - committed to achieving social and economic justice in the developing world through grassroots programs and communities of self-reliant volunteers, 6-12 month int'l volunteer, raise own funds, also internships in Washington DC headquarters
- **WorkingAbroad Projects** - [www.workingabroad.com](http://www.workingabroad.com) - search for int'l volunteer opportunities in 150 countries, often need to pay fees for the experiences
- **WorldTeach, Inc** - [www.worldteach.org](http://www.worldteach.org) - partners with governments and other organizations in developing countries to provide volunteer teachers to meet local needs and promote responsible global citizenship, need to pay program fees and are not paid
- **Worldwide Opportunities on Organic Farms (WWOOF)** - [www.woof.org/](http://www.woof.org/) - started in the UK and became an international movement that is helping people share more sustainable ways of living, in return for volunteer help on an organic farm, WWOOF hosts offer food, accommodation and opportunities to learn about organic lifestyles

## Travel Resources

- **CouchSurfing** - [www.couchsurfing.org/](http://www.couchsurfing.org/) - worldwide network site for making connections between travelers and the local communities they visit
- **Hostelling International** - [www.hihostels.com/](http://www.hihostels.com/) - worldwide network of hostels.

## Remember:

- Research your options — be intentional — ask the hard questions, for example, don't forget about health care
- Talk to people familiar with the organization – what opportunity fits with your talents, interests, & goals?

*All who wander are not lost* – J.R. Tolkien