

June 7, 2007

Dear Student-Athletes and Parents/Guardians,

The following letter outlines the requirements for participation in intercollegiate athletics at Calvin College with respect to athletic physicals. Please read the following letter and its attachments thoroughly.

All students wishing to participate in athletics at Calvin College must pass a physical examination and provide proof of current health insurance prior to tryouts or participation. ***No student-athlete will be allowed to participate in any practice until these forms are on file in the athletic training room. The sports physical examination is in addition to any paperwork required by Health Services for all incoming freshmen and transfers.***

**Incoming Freshmen and Transfers:**

All new and/or transfer student-athletes must pass a comprehensive physical exam **prior** to any participation. These exams include both a personal health history and a physical exam to be conducted by Calvin's team physician. These will be conducted on campus in the athletic training room. A \$15 fee for this service will be charged to the individual's student account. Please do not bring cash or check to the exam as we will not be accepting direct payment. Contact Jodie Bird in the HPERDS department ([jb26@calvin.edu](mailto:jb26@calvin.edu) or 616-526-6176) to reserve a time during your team's assigned slot.

Friday, August 17 3-7pm	VB, Men's Soccer, Women's Soccer, Men's Golf
Tuesday, August 21 3-5 p.m.	Men's soccer, Women's Golf
Tuesday, September 4, 4-7pm	Cross Country and ALL Spring Sports
Thursday, September 13, 4-7 pm	Swimming & Diving and ALL Spring Sports
Thursday, October 4, 4-7 pm	Basketball and ALL Spring Sports

**Returning Student-Athletes:**

All returning student-athletes must complete a physical exam update prior to the start of participation. **These follow-up physical exams will be conducted in the Athletic Training Room** and consist of an updated health history, height/weight, blood pressure, pulse, and follow-up with the team physician regarding any outstanding injuries (if necessary). There is *no charge* for this service. Please report to the athletic training during your designated time (see below). If you are unable to make your designated time due to a class conflict, please contact Jenny Toonstra at (616)-526-7008, as soon as possible to schedule a different time. *For those returning student-athletes (VB, MSOC, WSOC) traveling to Montana for the Gainey retreat, please report to the athletic training room at 8 a.m. the morning after you return to complete this physical exam.*

Saturday, August 18, 8-9:30 a.m.	Men's Soccer
Saturday, August 18, 9:30-11 a.m.	Women's Soccer
Saturday, August 18, 11 a.m.-12 p.m.	Volleyball
Monday, August 20, 8 a.m.	Men's Golf
Wednesday, August 22, 8 a.m.	Women's Golf
Tuesday, September 4, 7-9 p.m.	XC, Tennis (Men's & Women's)
Wednesday, September 5, 7-8pm	Baseball
Thursday, September 13, 7-9 p.m.	Swimming & Diving
Monday, September 17, 7-9 p.m.	Track and Field
Thursday, September 20, 7-9 p.m.	Softball
Thursday, September 27, 7-9 p.m.	Men's and Women's Basketball

If you have any questions, please do not hesitate to contact me.

Thanks~

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Calvin College  
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