



Healthy Habits Cash Incentive Program, 2011-12

Available to employees enrolled in Calvin's medical plan with Priority Health.

Incentive Prerequisites

1. You must be enrolled in Priority Health's medical insurance through Calvin College.
2. You must complete Priority Health's online HQ health questionnaire. A link to step-by-step instructions is available on the Healthy Habits website (www.calvin.edu/go/healthyhabits).

Quarterly Incentive Requirements for 2011-12

Quarter:

Q1: July-September 2011

Q2: October-December 2011

Q3: January-March 2012

Q4: April-June 2012

\$75 Incentive Requirement:

Complete Priority Health's online HQ questionnaire

Earn one additional *Healthy Habits* credit

Earn two *Healthy Habits* credits

Earn two *Healthy Habits* credits

Be up-to-date on your bi-annual physical exam

Earn one additional *Healthy Habits* credit

Amount of Incentive

- Cash incentives can total \$300 annually if you meet the minimum requirements for all 4 quarters.
- Incentives are paid quarterly. Earned incentives of \$75 each quarter are added to paychecks approximately 30 days following the end of each quarter.

Options for Using Your Healthy Habits Cash Incentive Dollars

- Beginning January 2012, all Healthy Habits incentive dollars will be automatically added to employee paychecks. We will no longer offer the opportunities to use incentive dollars for classes or fees.

Questions? Email healthyhabits@calvin.edu.